

The Wave

VOLUME 13— 6

Newsletter
of the University
Women of Flagler



Inside this issue:

<i>Presidents' Message</i>	2
<i>Fashion Show</i>	3
<i>Minutes</i>	4
<i>Programs</i>	5
<i>Membership</i>	5
<i>Financials</i>	6
<i>The Women</i>	8
<i>Bookminders</i>	10
<i>Announcements</i>	11
<i>Officers</i>	14

Get your tickets now for the UWF Fashion Show

March 30, 2019

Hilton Garden Inn

Fashions by Chez Jacqueline

Contact Louel Larkin

kaimukilady@gmail.com or 386-445-4236

February Meeting News

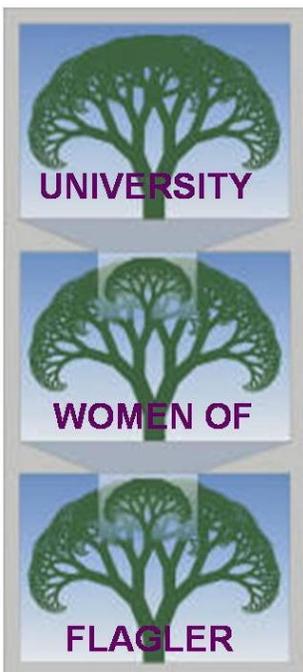
EVENT: UWF General Membership Meeting
DATE: **Saturday, February 9, 2019**
TIME: 9:00 AM
PLACE: Hilton Garden Inn, Palm Coast
PROGRAM: Flagler County Sheriffs Department
TOPIC: Law Enforcement Initiatives in Flagler County
COST: **\$15.00**
RSVP: **By February 4, 2019**

Please make a reservation for the meeting by calling Karen Wolford at **386-864-8691** or emailing kwolford3@cfl.rr.com Mail a check for **\$15.00**, payable to **University Women of Flagler** to be received by **February 4** to

**Karen Wolford
25 Lakeside Way
Palm Coast, FL 32137**

Please note: The hotel's invoice to UWF is based on the number of reservations. If you make a reservation, but cannot attend, please understand that your payment is still required. If you prepaid and are unable to attend the meeting, please call **Karen Wolford** so that your reservation payment can be donated to the Scholarship Fund.

All meeting reservation information is included in the Directory and The Wave.



From the Presidents

Dear UWF Members:

Happy Valentine's Day to you all! Another excuse to have chocolate!! We'll take it!! Hope all are staying warm and are continuing to stay committed to your 2019 Goals.



Pat Cotton

Janice Nickol

UWF is keeping to our goals for 2019 as we kicked off January with the City Repertory event "The Women" which was an entertaining and successful experience. We made just over \$3100 which is a scholarship plus! GREAT job! Edda and committee thank you for all your hard work. Also, a big thank you to all who baked the scrumptious chocolate offerings, donated wine, and contributed items for the silent auction. It wouldn't have happened without all of you.

The January "Once Upon a Time ... Again" auction and meeting proved to be a lot of fun and raised over \$250.00. Janice, once again, was a great Auctioneer.

UWF is currently seeking 3 members to be part of the Nominating Committee; 2 Board members will also be on the committee. Please consider supporting UWF by helping to select solid candidates for the next term of office. As per our by-laws, the odd-numbered year elections will be to fill the positions of President-elect, Program Vice President, Corresponding Secretary, and Treasurer. In addition, we are seeking a Scholarship Vice President.

Next month (March 30th) is the return of the UWF Fashion Show. Chez Jacqueline will be hosting the event with UWF's members as models. The committee, chaired by Barbara Holley, is hard at work and is seeking donations for raffle baskets, and other items. Watch for more information on this. Louel Larkin has already begun to sell tickets. This is a luncheon, with a champagne toast, and delicious desserts. More information is listed on page 3 in **The WAVE**. We hope you can attend!

Yours in Service,

Pat Cotton & Janice Nickol

Women's Educational Support

University Women of Flagler have expanded our support to Flagler County women who are working towards degrees at Daytona State College. The Daytona State College Foundation runs the Helping Hands Program which seeks finances in our communities for their work. We have agreed to send The Foundation \$1,200 a year. A woman who needs a little bit of help for gas, food, bus fare, etc. may request help to balance out her budget so that she may continue in school. Helping Hands assesses the need and determines if a student qualifies for the aid. No stipend is to be greater than \$100/semester.



UWF has received several donations to help start this stipend. In addition, we will utilize UWF's portion of the 50/50 and a Spare Change Jar at the General Meetings to fund our pledge to The Foundation. Please donate whatever you can so that we are able to service women residing in Flagler County who have sought to advance their education through non-traditional paths.

"STEPPING
INTO SPRING"
FASHION SHOW

Saturday,
March 30th at 11 a.m.
At Hilton Garden Inn

Spring

Please join us for a celebration of Spring with fashions from Chez Jacqueline! Come at 11 am to enjoy pre-show festivities, including vendors and an auction while light beverages are served. A delicious luncheon will be served at 12:30 while the models make their way around the room. Tickets: \$45.

Contact: Louel Larkin at kaimukilady@gmail.com
or call: 386-445-4236.

Sponsored by
University Women
of Flagler

January 19, 2019 Minutes

Hilton Garden Inn

Call to order at 9:08 AM by Pat Cotton.

The Pledge of Allegiance was recited and there was a moment of silence for military members and First Responders.

Rhenda Brodnax gave an inspirational talk on how hate is everywhere in our country today and it is up to each of us to change that.

New member Karen Basany introduced herself and told us a bit about herself.

Treasurer's Report was posted in **The Wave**. There were no errors or omissions. A motion was made and seconded to accept the report.

The Minutes of the last General Meeting were posted in the Wave. There were no corrections or omissions. A motion was made and seconded to accept the Minutes.

Program Vice President Leila Hardison explained that there would be a change in speakers for the next meeting. The Flagler Sheriff will not be able to attend but will send a representative from his office in his place.

Co-chairman Linda Jaeger reported that the performances of **The Women** at the City Repertory Theater were a big success. The event made a profit of \$3100. Edda Steinmeier, the Chairman, was complimented on how tirelessly her committee worked on the event.

Janice Nickol informed us that Fashion Show preparations continue. There is a need for gift baskets for this event. Some interest groups have agreed to put together baskets. There will also be a few vendors selling their wares at the Fashion Show.

There was no progress on the *Painting with a Twist* event.

Reports on Interest Groups were in The Wave.

Ronaele Bowman reported that the next Play Girls outing to see *A ...My Name is Alice* at the Flagler Playhouse is sold out. The play for April is *Dames at Sea* at the City Repertory Theater on April 7th at 3pm.

The Author Event with the AAUW featuring Susan Slater was discussed by Karen Basany. Eight members of the Bookminders group attended.

Breakfast buffet was served.

Janice Nickol was the auctioneer for Once Upon a Time auction. She was assisted by Pat Cotton and Toni Donahue. The total profit was \$252.

A reminder was made about the next meeting on February 9th.

Motion to Adjourn at 10:34.

Respectfully submitted,
Josephine Dervan Co-Recording Secretary

Please contact Karen Wolford if you can assist her with the reservations for the May Scholarship Luncheon.

Programs for 2018-2019

Karen Flaherty and Leila Hardison, Vice Presidents for Programs

Meeting Date	Speaker/Title	Presentation Topic
February 9, 2019	Flagler County Sheriff's Office	"Law Enforcement Initiatives in Flagler County"
March 16, 2109	Dr. Karen Toppi, St. Augustine Ob-Gyn Associates	"Health Care Tips for Women: What's New?"
April 13, 2019	James Tager, Superintendent, Flagler County Schools	"Updates on Flagler Schools Programs: 2018-2019"
May 18, 2019 (Luncheon)	Scholarship Luncheon and Installation of Officers	Scholarship Award Recipients

Breakfast meetings: Doors open at 9:00 AM.

Luncheon meetings: Doors open at 11:00 AM.

February's Program

Mark Strobridge serves as the Chief of Staff and Chief of the Organizational Services Division for the Flagler County Sheriff's Office after joining in January 2017. He previously served as the Executive Director of the Center of Law Enforcement Technology, Training, and Research, a 501(c)(3) company that was founded for the purpose of developing law enforcement information sharing across Florida. He retired as Chief of the Executive Services Division of the Orange County (FL) Sheriff's Office where he served for more than 27 years. In his final assignment as the Executive Services Division Chief, he led Professional Standards (Internal Affairs), Media Relations, Research and Development, Staff Inspections and Accreditation, Facilities Security, Technical Projects, and Government Affairs. His individual and command assignments included patrol, narcotics, staff inspections and quality assurance, support services (fleet management, material control and supply, records), security administration, court security, human resources, facilities management and security, and media relations. Chief Strobridge is a graduate of the University of Louisville's Southern Police Institute, 8th Command Officer's Development Course. His undergraduate studies are in criminal justice and aeronautics. He previously served in the United States Marine Corps and the United States Navy Reserve.



Membership Report

Joanne Mason and Trish LeNet, Membership Co-Vice Presidents

If you have any changes to your contact information (name, address, telephone number, or email) please inform **Donna Daly Boggs** at djaymesd@earthlink.net.

Also, if you know anyone interested in joining UWF, invite her to accompany you to a general meeting.

If you know any member who needs some Sunshine, contact Stephanie Rast at srast973@aol.com so she can send a get well card, thinking of you card, or a sympathy card from UWF.

Treasurer's Report

Toni Donohue, Treasurer

Monthly Operating Account Cash Flow July 2018 - June 2019

	2018-2019 Budget	December Actual	January Preliminary	Year to Date Actual
OPERATING ACCOUNT				
INCOME		\$5,729.51	\$5,494.19	
Amazon	\$25.00	\$0.00	\$0.00	\$17.58
Correction Operating Income	\$0.00	\$0.00	\$0.00	\$0.00
Membership Dues 2017-2018*	\$3,500.00	\$0.00	\$0.00	\$0.00
Membership Dues 2018-2019	\$0.00	\$0.00	\$0.00	\$560.00
Miscellaneous Operating Income	\$4,145.00	\$0.00	\$0.00	\$0.00
Monthly 50-50 Raffle	\$700.00	\$0.00	\$0.00	\$137.00
Monthly Meeting	\$7,300.00	\$875.00	\$475.00	\$4,425.00
Total Income	\$15,670.00	\$875.00	\$475.00	\$5,139.58
EXPENSES				
Community Assistance	\$2,000.00	\$0.00	\$0.00	\$0.00
Correction Operating Expense	\$0.00	\$0.00	\$0.00	\$0.00
Directory	\$1,300.00	\$0.00	\$0.00	\$1,233.09
Early Learning Coalition Dolly Parton	\$1,500.00	\$0.00	\$0.00	\$0.00
Fees-Dept of Consumer Services	\$90.00	\$0.00	\$0.00	\$0.00
Fees-FL Non-Profit	\$70.00	\$0.00	\$70.00	\$70.00
Historian	\$50.00	\$0.00	\$0.00	\$0.00
Honors	\$150.00	\$0.00	\$0.00	\$75.00
Insurance	\$600.00	\$0.00	\$0.00	\$579.58
Membership Committee	\$500.00	\$0.00	\$257.50	\$257.50
Memorials	\$250.00	\$0.00	\$25.00	\$25.00
Miscellaneous Operating Expense	\$0.00	\$0.00	\$0.00	\$100.00
Monthly Meeting Expense**	\$7,300.00	\$910.32	\$480.00	\$3,190.32
Office Supplies	\$100.00	\$0.00	\$0.00	\$49.24
Presidents Expense & Meeting	\$120.00	\$0.00	\$0.00	\$0.00
Program Committee	\$400.00	\$200.00	\$0.00	\$245.00
Publicity	\$100.00	\$0.00	\$0.00	\$0.00
Scholarship Accruals	\$0.00	\$0.00	\$0.00	\$0.00
Sunshine Fund	\$60.00	\$0.00	\$0.00	\$0.00
Website	\$1,080.00	\$0.00	\$0.00	\$304.48
Total Expense	\$15,670.00	\$1,110.32	\$832.50	\$6,129.21
TOTAL OPERATING CLOSING BALANCE		5,494.19	5,136.69	
*Add \$2,555.00 from 2017-2018 Budget		-	-	
**\$30 meal to got to Scholarship		-	-	

Monthly Scholarship Account Cash Flow
July 2018 — June 2019

SCHOLARSHIP ACCOUNT	2018-2019 Budget	December Actual	January Preliminary	Year to Date Actual
INCOME		\$19,163.52	\$21,677.29	
15 Minutes of Fame	\$100.00	\$0.00	\$0.00	\$0.00
Belk Charity Days	\$0.00	\$283.77	\$0.00	\$913.77
Book Minders	\$200.00	\$0.00	\$0.00	\$0.00
Chez Jacqueline	\$500.00	\$0.00	\$0.00	\$300.00
Contributions from Individuals***	\$0.00	\$280.00	\$0.00	\$3,380.00
Correction Scholarship Income	\$0.00	\$0.00	\$0.00	\$0.00
CRT Theatre Production	\$4,000.00	\$1,950.00	\$2,223.35	\$5,013.35
Dance The Night Away	\$500.00	\$0.00	\$0.00	\$0.00
Day of Games	\$3,000.00	\$0.00	\$0.00	\$3,735.00
Daytona State College Foundation	\$1,200.00	\$0.00	\$0.00	\$910.00
Fashion Show 3/30	\$2,500.00	\$0.00	\$0.00	\$0.00
Gourmet Group	\$500.00	\$0.00	\$0.00	\$0.00
Honors - Scholarship	\$150.00	\$0.00	\$0.00	\$75.00
Lunch Bunch Group	\$350.00	\$0.00	\$40.00	\$200.00
Memorials - Scholarship	\$250.00	\$0.00	\$25.00	\$25.00
Miscellaneous Scholarship Income	\$6,030.00	\$0.00	\$0.00	\$0.00
Once Upon a Time	\$400.00	\$0.00	\$228.10	\$228.10
Paint with Twist	\$375.00	\$0.00	\$0.00	\$0.00
Playgirls	\$400.00	\$0.00	\$125.00	\$200.00
Workshops	\$1,000.00	\$0.00	\$0.00	\$360.00
Total Income	\$21,455.00	\$2,513.77	\$2,641.45	\$15,340.22
EXPENSES				
Correction Scholarship Expense	\$0.00	\$0.00	\$0.00	\$0.00
CRT Theatre Production - Expense*	\$2,000.00	\$0.00	\$1,351.95	\$1,351.95
Dance the Night Away - Expense	\$250.00	\$0.00	\$0.00	\$0.00
Day Of Games Expense**	\$505.00	\$0.00	\$0.00	\$535.00
Daytona State College Found - Expense	\$1,200.00	\$0.00	\$0.00	\$0.00
Donation Flagler Community Ed Fund	\$2,000.00	\$0.00	\$0.00	\$2,000.00
Fashion Show - Expense	\$200.00	\$0.00	\$0.00	\$0.00
Miscellaneous Scholarship Expense	\$0.00	\$0.00	\$0.00	\$0.00
Paint with Twist - Expense	\$0.00	\$0.00	\$0.00	\$0.00
Scholarship Committee	\$300.00	\$0.00	\$0.00	\$0.00
Scholarship Awarded	\$15,000.00	\$0.00	\$0.00	\$0.00
Total Expense	\$21,455.00	\$0.00	\$1,351.95	\$3,886.95
*CRT Production deposit \$500 paid 6/18/18				
**Day of Games - \$150 paid 6/18/18				
***\$250 for Flagler County Ed Fund				
TOTAL SCHOLARSHIP CLOSING BALNCE		<u>21,677.29</u>	<u>22,966.79</u>	
TOTAL UWF ACCOUNT BALANCE		<u>\$27,171.48</u>	<u>\$28,103.48</u>	

Scholarship Fundraiser *The Women*

Report and Results by Edda Steinmeier

Our scholarship fundraiser, a visit to the City Repertory Theatre to see "The Women" on the 10th and 12th of January was a great success! It brought in a grand total of \$3,161.40 after deducting all expenses. What a fabulous experience! As the performance progressed, it was chilling to find out how nasty so called "friends" can be. The chocolate treats were tasty and delicious and the wine bar was refreshing. The perfect compliments to a great performance. And then there was a chance to win money in the 50/50 or to take home a treasure from the silent auction. All this couldn't have been done without the help of a great many hands that certainly deserve mentioning here.

I'd especially like to thank Linda Jaeger and Jean Gritman for their unerring and diligent work behind the scenes. These ladies spent many hours doing the little things that need to be done, that no one else sees. I thank you for your support!

I'd also like to thank:

- Jane Mealy and Linda Jaeger for designing the tickets and flyers. Louel Larkin for selling them and keeping me informed as to results.
- Diane Parisi and Nancy Miller for collecting the items and then putting together the displays for the silent auction. Thanks also to all those who donated those items to help make our fundraiser a success.
- Bev Fox for single handedly selling the 50/50 tickets on both days.
- Mary DiStefano for collecting the wine and delivering the bottles to the theater in spite of broken ribs and a broken wrist.
- Our bartenders, Bob Jaeger and Jay Steinmeier, for braving the storm of women at the bar as well as helping with set up and take down after the performances.
- And, again, Jane Mealy for organizing Death by Chocolate and coordinating all the details necessary from baking to delivery to distributing the remaining contributions. Thanks also to the willing bakers who produced such wonderful treats: Ronaele Bowman, Donna Daly-Boggs, Karen Flaherty, Holly Flynn, Bev Fox, Suzanne Gaguzis, Jean Gritman, Nita Henkle, Linda Jaeger, Jane Mealy, Carol Milewski, Susan Moya, Janice Nickol, Diane Parisi, Pat Rhodes, Pat Smith, Edda Steinmeier, and Susan Wildman.



Last but not least, I would like to thank Susan Slater for initiating the idea of working with the CRT as a fundraiser and introducing me to Diane Ellertsen, the Administrative Director. Diane was a pleasure to work with and gave me tips about set up and even sent customers our way when our tickets for the Saturday matinee were not sold out.

Thanks again to everyone who bought a ticket, baked, donated or helped with set up or take down etc.! I'm sorry I can't mention everyone by name here, but please know that your support is appreciated and not forgotten. Together we have reached our goal to give yet another scholarship to a deserving young woman in our community!

Scholarship Fundraiser *The Women*



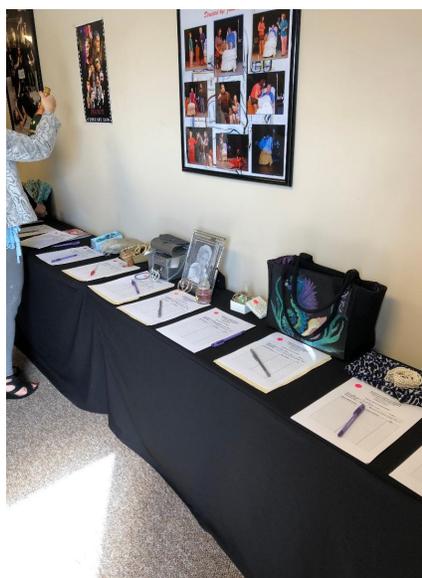
Death
By
Chocolate



Many thanks to all who participated and made *The Women* fundraiser a rousing success!

Silent Auction

A Busy Bar



BOOKMINDERS SCHEDULE FOR 2018-2019

DATE	LOCATION	TITLE	AUTHOR
February 11	Home of Claudia Towne	Anything is Possible: A Novel	Elizabeth Strout
March 11	Home of Pat Cotton	The Great Alone: A Novel and/or Educated: Memoir	Kristin Hannah Tara Westover and Julia Whelan
April 8	Home of Jean Hunter	A Gentleman in Moscow: A Novel	Amor Towles
May 13	Home of Suzanne Timko	Barracoon: The Story of the Last Black Cargo	Zora Neale Hurston
June 10	Home of Sherrie Thompson	The Dry: A Novel	Jane Harper



All meetings will begin at 1:00 PM

Jane Mealy
439-4811
janemealy@aol.com



February's Book Selection

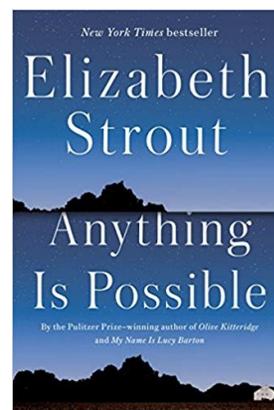
NEW YORK TIMES BESTSELLER • An unforgettable cast of small-town characters copes with love and loss in this new work of fiction by #1 bestselling author and Pulitzer Prize winner Elizabeth Strout.

Winner of The Story Prize • A *Washington Post* and *New York Times* Notable Book • One of *USA Today's* top 10 books of the year

Recalling *Olive Kitteridge* in its richness, structure, and complexity, **Anything Is Possible** explores the whole range of human emotion through the intimate dramas of people struggling to understand themselves and others.

Here are two sisters: One trades self-respect for a wealthy husband while the other finds in the pages of a book a kindred spirit who changes her life. The janitor at the local school has his faith tested in an encounter with an isolated man he has come to help; a grown daughter longs for mother love even as she comes to accept her mother's happiness in a foreign country; and the adult Lucy Barton (the heroine of *My Name Is Lucy Barton*, the author's celebrated *New York Times* bestseller) returns to visit her siblings after seventeen years of absence.

Reverberating with the deep bonds of family, and the hope that comes with reconciliation, *Anything Is Possible* again underscores Elizabeth Strout's place as one of America's most respected and cherished authors.





Play Girls Theater Group



DAMES is the ultimate salute to – and parody of – every ‘backstage’ musical ever written. The star, the chorus girl, the harried producer, the leading man, tap dancing and confetti canons, this jewel box of a musical has it all even with just 6 actors in the cast.

Sunday, April 7

3:00 pm

City Repertory Theater

\$28.00 (includes donation to scholarship fund)



Dinner following the play at Outback Restaurant



For more information contact
 Ronaele Bowman
 386-627-8033
hlbowman@gmail.com



Lunch Bunch

Contact Jo Dervan
 by February 11
 For the February lunch
jdervan@yahoo.com

All Lunches will begin
 at Noon

MAIN CONTACT
 Edda Steinmeier
 446-5403
eddausi2@aol.com



Date	Hostess
February 15	Jo Dervan
March 15	Suzanne Gaguzis
April 12	Diane Parisi
May 17	Jane Mealy
June 21	Linda Jaeger



Recipes from Lunch Bunch

Thanks to Susan Moya and Karen Basany for hosting the January Lunch Bunch

Sopa de Lima (Yucatán-Style Lime Soup) Recipe

J. KENJI LÓPEZ-ALT (Recipe provided by Susan Moya)

YIELD: Serves 4 to 6

ACTIVE TIME: 40 minutes

TOTAL TIME: 1 hour



Why It Works

Using store-bought chicken broth makes this a quick and easy recipe. Starting the chicken in cold broth makes for more even cooking and juicier meat. A combination of lime and grapefruit provides the acidity and bitterness of Mexican *lima ágría*.

Ingredients

2 whole limes, plus 1 more lime for garnish
 1 grapefruit
 1 large white or yellow onion (about 8 ounces; 225g), unpeeled
 1 pound (450g) bone-in, skin-on split chicken or turkey breasts (about 1 whole chicken breast or 1/2 small turkey breast)
 8 large cloves garlic, unpeeled, divided
 4 dried Turkish bay leaves
 3 whole cloves
 1 (3-inch) piece cinnamon stick, preferably Mexican *canela*
 5 whole allspice berries
 15 whole black peppercorns
 Large pinch dried Mexican oregano
 1 quart (960ml) [homemade](#) or store-bought low-sodium chicken stock
 2 Roma tomatoes
 6 tablespoons (90ml) vegetable oil, divided
 1 Hungarian wax pepper (or 1 small green bell pepper), finely minced
 Kosher salt
 6 small corn tortillas, cut into strips
 Small bunch fresh cilantro leaves, roughly chopped

Directions



1. Use a vegetable peeler to remove four 2-inch strips of lime zest and two 2-inch strips of grapefruit zest. Juice limes and grapefruit, setting aside 2 tablespoons of each juice. (Reserve remaining juice for another purpose.) Set aside zests and juice.

2. For the Broth: Split onion in half from pole to pole and set one half aside. Place other half in a large saucepan. Add chicken or turkey, 4 garlic cloves, bay leaves, cloves, cinnamon, allspice, peppercorns, and oregano. Add chicken broth and top up with water until all ingredients are submerged. Heat over medium heat until gently simmering. Reduce heat until broth is steaming-hot, but not bubbling. Cook, turning chicken occasionally, until center of chicken registers 150°F on an instant-read thermometer, about 30 minutes. Remove from heat.

3. Using tongs, carefully remove chicken from broth and transfer to a bowl. Strain broth through a fine-mesh strainer into a heatproof container and add lime zests and grapefruit zests. (There should be at least 1 quart of broth; if not, adjust with water.) Set aside to steep.

Recipes from Lunch Bunch

4. Meanwhile, for the Sofrito: Thread remaining 4 garlic cloves onto a metal skewer and roast over the direct heat of a gas flame, turning, until garlic is charred on all surfaces, about 3 minutes total. Set aside. Using tongs, roast tomatoes over the flame until their skins bubble and peel back, about 30 seconds. Alternatively, roast garlic in a dry skillet over medium-high heat, tossing constantly, until charred on most surfaces. Remove garlic and add tomatoes and roast, turning constantly, until blistered all over.

5. Peel garlic and tomatoes and discard skins. Finely mince both. Finely mince remaining onion half. Heat 2 tablespoons (30ml) vegetable oil in a large saucepan over medium heat. Add garlic, tomatoes, pepper, and minced onion, season with a pinch of salt, and cook, stirring frequently, until sofrito is completely softened but not browned, about 10 minutes.

6. Remove lime and grapefruit zests from broth and discard. Pour broth into pot with sofrito. Add reserved lime and grapefruit juice and season broth to taste with salt.

7. For the Tortilla Strips: Combine remaining 1/4 cup (60ml) oil and tortilla strips in a nonstick or cast iron skillet. Heat over medium heat, stirring and tossing frequently, until tortilla strips are mostly crisp all over, about 3 minutes. Transfer tortilla strips to a paper towel-lined plate to drain.

8. To Serve: Shred chicken or turkey meat into bite-size strips with your fingers or two forks. Discard bones and skin. Divide meat evenly between serving bowls and top with hot broth. Add a small handful of tortilla strips and sprinkle with cilantro. Cut half of final lime into wheels and remaining half into wedges. Add lime wheels to soup and serve immediately with wedges on the side.

Special Equipment

Instant-read thermometer, fine-mesh strainer, metal skewer

<https://www.serious-eats.com/recipes/2016/05/print/sopa-de-lima-yucatan-mexican-lime-soup-recipe.html>

CHOCOLATE WALNUT MERINGUES*

Recipe from the kitchen of Jane Mealy

2 large egg whites
 1/8 tsp. cream of tartar
 3/4 cup sugar
 1 tsp. vanilla
 1 cup semisweet chocolate chips (I use Ghirardelli 60% cacao)
 1/4 cup chopped walnuts



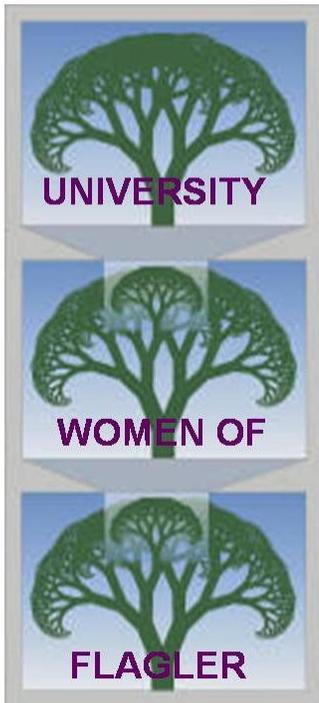
Preheat oven to 275. Line 2 cookie sheets with parchment paper.

In medium bowl, with electric mixer on high speed, whip egg whites until foamy. Add cream of tartar and whip until soft peaks form. Add sugar gradually, whipping until stiff but not dry peaks form. Beat in vanilla. Fold in chocolate chips and walnuts. Drop by generously rounded teaspoonfuls 2 inches apart on cookie sheet.

Bake until completely firm and dry, but still white, about 25 minutes. You should be able to lift cookies from pan. Slide parchment onto racks to cool cookies completely.

Yield – 45 cookies

**These were part of the Death by Chocolate desserts served at The Women fundraiser at CRT.*



2018-2019 Officers

Presidents	Pat Cotton, Janice Nickol
Past President	Barbara Holley
Program Vice Presidents	Karen Flaherty, Leila Hardison
Membership Vice Presidents	Trish LeNet, Joanne Mason
Scholarship Vice Presidents	Maralee Walsh-McDaniel
Recording Secretaries	Jo Dervan, Sheila Platt
Corresponding Secretary	Mavis Smith
Treasurer	Toni Donohue
Assistant Treasurer	Jeanne Florio

www.uwflagler.org

The University Women of Flagler (UWF) was founded in June 2006. The purpose of UWF is to unite graduates of regionally accredited educational institutions in order to promote equity, education, intellectual growth, individual worth, and development of opportunities for women and girls in the Flagler County area. UWF promotes positive societal change in the community; participates in the development and promotion of policies and programs through study, action, and public policy advocacy in areas related to its purpose, including community, cultural interests, and the maintenance of high standards in education; and maintains a fund for the purpose of rendering assistance, giving support, and providing funds for litigation to Flagler County area women whose civil liberties are threatened, infringed, or violated.

The Wave is the official newsletter of the University Women of Flagler.
Editor: Linda Jaeger

<https://www.facebook.com/UniversityWomenofFlagler/>

Find us on

