

The Wave

VOLUME 12— 6

Newsletter
of the University
Women of Flagler



February Meeting News

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EVENT: UWF General Membership Meeting
DATE: **Saturday, February 10, 2018**
TIME: 8:30 a.m. coffee; 9:00 a.m. Breakfast
PLACE: Hilton Garden Inn
PROGRAM: **Sande Habali—Florida Native Plant Society**
TOPIC: **Preservation, Conservation & Restoration of Native Plants**

COST: \$15.00
RSVP: **By February 5, 2018**

Please make a reservation for the meeting via email to kwoford3@cfl.rr.com or by calling **386-864-8691** and mail a check for **\$15.00**, payable to **University Women of Flagler** to be received by **February 5, 2018** to:
Karen Wolford
25 Lakeside Way
Palm Coast, FL 32137

Please note: The hotel’s invoice to UWF is based on the number of reservations. If you make a reservation, but cannot attend, please understand that your payment is still required. If you prepaid and are unable to attend the meeting, please email or call Karen Wolford, so that your reservation payment can be donated to the Scholarship Fund.

All meeting reservation information is included in the Directory and **The Wave**.



From the President

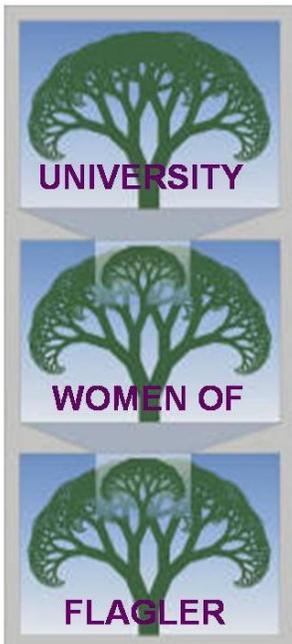
Hello Everyone,

The January meeting, with our live auction, was a huge success! We all had lots of fun bidding on the beautifully wrapped packages. Janice Nickol, our auctioneer was funny and was masterful in coaxing us into bidding higher and higher for the gifts. We raised \$637 dollars for our scholarship fund. This is a record amount for this event.



Barbara Holley

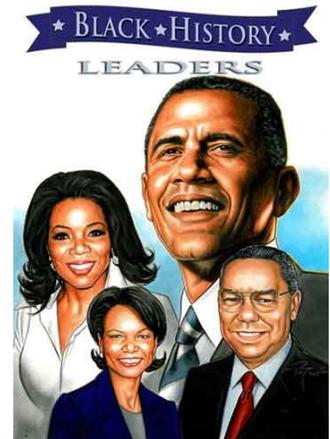
Our February meeting is one week earlier this month! The meeting will be held February 10th at the



President's Message continued

Hilton Garden Inn. To avoid the Daytona 500 week congestion, we are meeting the second Saturday rather than the third Saturday. As usual, we gather for coffee and conversation at 8:30 a.m. and the meeting begins at 9:00 a.m. Our speaker will be Sande Habali from the Florida Native Plant Society. Hope to see you there.

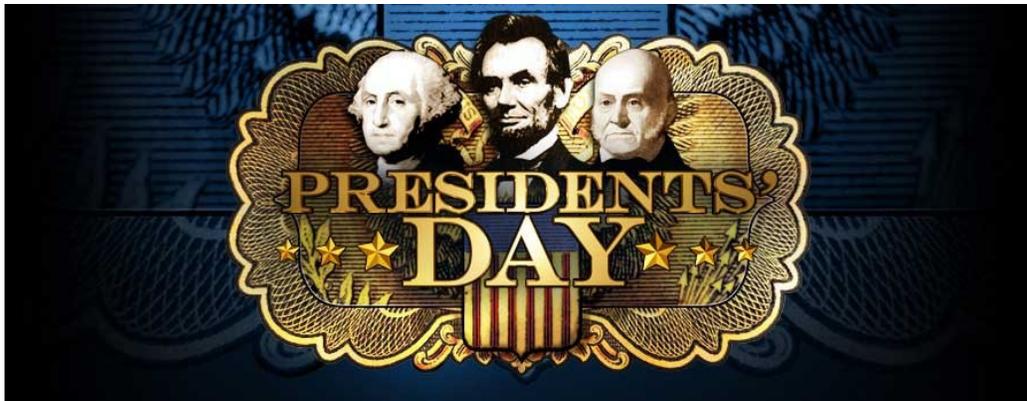
There are lots of wonderful things going on this month. The Bookminders are reading *The Underground Railroad* by the Pulitzer Prize winning author Colson Whitehead. As an alternate selection, *Underground Airlines* by Ben Winters has been suggested. Josephine Dervan is hosting this event at her home on February 12. The Lunch Bunch will meet at the home of Nancy Carlton on February 16th. Ronaele Bowman has arranged for the Playgirls to see the show "The Nerd" at the Flagler Playhouse on March 8th but tickets must be purchased this month to attend with the group. Sign up today so you don't miss any of these interesting events.



It's time to begin the election process by selecting a nominating committee. During the February meeting we will be seeking volunteers who are willing to serve on this committee. Should you accept, your role will be to select applicants for several upcoming positions. Will you consider serving? We need three members from the general membership who will work with two members from the board to form the nominating committee. Please let me know at the meeting, if you are willing to participate on this important committee.

See you soon!

Sincerely,
Barbara C. Holley, Ed. D.
President



Membership Report

Submitted by Donna Daly-Boggs and Trish LeNet

NOTE: If you have any changes to your contact information (name, phone, address, email) inform the membership committee by emailing Donna Daly Boggs at djaymesd@earthlink.net

If you know anyone interested in joining UWF, invite her to accompany you to a general meeting.

Gardening with Native Plants



Sande Habali of the Florida Native Plant Society will be the guest speaker at our February General Meeting.

Sande has lived in Florida since 1978, coming originally from Pittsburgh, Pennsylvania. She was an elementary school teacher for 32 years who taught in Maryland, Pittsburgh, and then Volusia County. She has always been interested in nature and plants from being a Girl Scout for 12 years, to becoming a co-leader of a



troop for 2 years; and now her recent passion of Florida native plants.

Sande joined the Florida Native Plant Society about 12 years ago and quickly became president of the Pawpaw Chapter. Currently, she serves on the Board as secretary of that organization and remains active in its mission of conservation, preservation, and restoration of natural lands.



January 20, 2018 General Membership Meeting

University Women of Flagler Minutes, January 20, 2018

President Barbara Holley called the meeting to order at 9:05 AM. The Pledge of Allegiance followed and then a moment of silence for our troops and first responders.

Inspirational Message: Rhenda Brodnax introduced Maria Sayers who would give the message today. Maria had been asked by a Baptist church in St. Augustine to deliver a presentation on Martin Luther King's birthday about her visit to the African American Museum in Washington, D.C. Maria shared that reading, entitled, "The Singing Building," with our members. At the conclusion President Holley thanked Maria for her beautiful message.

VP Membership: Trish LeNet announced that we presently have 99 members. She asked anyone who needed a name badge to see her; the cost is \$9.50. She also asked anyone who has not taken a picture for the directory to contact her. Also, please inform her of any changes of address or phone numbers.

January 20, 2018 Minutes continued

Business: The financial report and minutes that were published in the latest issue of *The Wave* were accepted for the record.

Committee Reports/Interest Groups:

Bookbinders will meet on February 12th at Jo Dervan's home. The books to be discussed are *The Underground Railroad* by Colson Whitehead and/or *Underground Airlines* by Ben Winters.

Gourmet Gals have no plans for this month.

Playgirls will meet on March 8 to attend *The Nerd* at the Flagler Playhouse. The cost is \$27.50, including \$5.00 for the scholarship fund. The site for dinner is still to be determined.

The Lunch Bunch will meet at Nancy Carlton's home on February 16th. Susie Moya complimented Jane Mealy on the lovely lunch the group had just enjoyed. Mary DiStefano noted that there were 13 members at Jane's home, but if more joined that may be a problem for the hostess. She suggested that we consider splitting the group if the numbers increase.

Technology Committee: Barbara praised the group for their work in getting the website operational again. Claudia Towne said that they had made a decision on the developer and were going to meet with her on Monday. They hoped the site would be up soon.

Programming: Barbara announced that Karen Flaherty had assumed the duties of Mary Ann Walker as VP of Programming until the end of her term. Leila Hardison thanked Janice Nickol for her work on the auction that would take place today. She also reminded the membership of upcoming presentations:

February 10th: Gardening with Native Plants by Sande Habali

March 17th: Elder Sources with Stuart Gaines

April 21: James Tager, Superintendent of Schools

Craig Johnson Event, February 3rd: Susan Slater announced that a little more than 100 tickets have been sold. We need 150 sold to break even, and 200 to be able to contribute substantially to the scholarship fund. She thanked the committee for their work and said that the events for the day have been organized.

UWF Indoor Garage Sale: Janice announced that this would be our second major fundraiser for the year. It will be held at the Hilton Garden Inn on April 14th. Vendor tables will be rented for \$50. She asked members to contribute items that would be suitable for sale.

For the next hour Janice Nickol conducted the auction of items that members had donated anonymously. The event raised over \$500 for the scholarship fund.

President Holley thanked Janice and Toni Donohue for their work on the auction. She said that UWF was off to a great year "raising money and having fun."

The meeting was adjourned at 11:15 AM.

Respectfully submitted

Sheila Platt, Co-recording Secretary

From the Treasurer

**Monthly Operating Account Cash Flow
July 2017 - June 2018**

OPERATING ACCOUNT	2017-2018 Budget	December Actual	January Pre- liminary	Year to Date Actual
INCOME		\$10,839.41	\$10,413.19	
Amazon	\$25.00	\$0.00	\$0.00	\$0.00
Correction Income Operating	\$0.00	\$0.00	\$0.00	\$0.00
Membership Dues 2017-2018	\$3,500.00	\$0.00	\$35.00	\$875.00
Miscellaneous Income Operating	\$5,940.00	\$0.00	\$0.00	\$0.00
Monthly 50-50 Raffle	\$740.00	\$0.00	\$90.00	\$375.00
Monthly Meeting	\$7,300.00	\$547.00	\$698.00	\$4,770.00
New Member Breakfast	\$225.00	\$0.00	\$0.00	\$0.00
Total Income	\$17,730.00	\$547.00	\$823.00	\$6,020.00
EXPENSES				
Audit	\$600.00	\$0.00	\$0.00	\$600.00
Community Assistance	\$2,000.00	\$0.00	\$0.00	\$0.00
Correction Expense Operating	\$0.00	\$0.00	\$0.00	\$0.00
Directory	\$1,300.00	\$0.00	\$0.00	\$1,177.22
Fees-Dept of Consumer Services	\$90.00	\$0.00	\$0.00	\$0.00
Fees-FL Non-Profit	\$70.00	\$0.00	\$70.00	\$70.00
Historian	\$0.00	\$0.00	\$0.00	\$0.00
Honors	\$150.00	\$0.00	\$0.00	\$50.00
Insurance	\$500.00	\$0.00	\$0.00	\$504.56
Membership Committee	\$500.00	\$0.00	\$0.00	\$0.00
Memorials	\$250.00	\$25.00	\$0.00	\$100.00
Miscellaneous Operating Expense	\$200.00	\$0.00	\$0.00	\$0.00
Monthly Meeting Expense	\$7,300.00	\$748.22	\$660.00	\$3,313.22
New Member Breakfast- Expense	\$225.00	\$0.00	\$0.00	\$0.00
Office Supplies	\$100.00	\$0.00	\$0.00	\$20.58
Presidents Expense & Meeting	\$120.00	\$0.00	\$0.00	\$0.00
Program Committee	\$665.00	\$200.00	\$0.00	\$282.45
Publicity	\$100.00	\$0.00	\$0.00	\$0.00
Scholarship Accruals	\$0.00	\$0.00	\$0.00	\$0.00
Sunshine Fund	\$60.00	\$0.00	\$0.00	\$19.30
Website	\$3,500.00	\$0.00	\$2,850.00	\$3,015.99
Total Expense	\$17,730.00	\$973.22	\$3,580.00	\$9,153.32
TOAL OPERATING CLOSING BALANCE		10,413.19	7,656.19	

From the Treasurer

Monthly Scholarship Account Cash Flow July 2017 — June 2018

	2017-2018 Budget	December Actual	January Pre- liminary	Year to Date Actual
SCHOLARSHIP ACCOUNT				
INCOME		\$27,609.38	\$26,538.62	
Book Minders	\$200.00	\$0.00	\$0.00	\$0.00
Chez Jacqueline	\$500.00	\$0.00	\$0.00	\$480.00
Contributions from Individuals	\$0.00	\$0.00	\$15.00	\$3,015.00
Correction Income Scholarship	\$0.00	\$0.00	\$0.00	\$0.00
Craig Johnson - Income	\$17,800.00	\$135.00	\$1,425.00	\$1,560.00
Day of Games	\$2,800.00	\$0.00	\$0.00	\$3,085.00
Garage Sale	\$1,675.00	\$0.00	\$0.00	\$0.00
Gourmet Group	\$500.00	\$115.00	\$0.00	\$115.00
Honors - Scholarship	\$150.00	\$0.00	\$0.00	\$50.00
Lunch Bunch Group	\$350.00	\$40.00	\$55.00	\$185.00
Memorials - Scholarship	\$250.00	\$25.00	\$0.00	\$100.00
Miscellaneous Income Scholarship	\$3,575.00	\$0.00	\$0.00	\$0.00
Once Upon a Time	\$250.00	\$0.00	\$637.00	\$637.00
Playgirls	\$350.00	\$0.00	\$85.00	\$285.00
Total Income	\$28,400.00	\$315.00	\$2,217.00	\$9,512.00
EXPENSES				
Chez Jacqueline Expense	\$0.00	\$0.00	\$0.00	\$0.00
Correction Expense Scholarship	\$0.00	\$0.00	\$0.00	\$0.00
Craig Johnson - Expense *	\$10,850.00	\$1,385.76	\$1,919.74	\$3,726.25
Day Of Games Expense**	\$500.00	\$0.00	\$0.00	\$195.93
Donation Flagler Community Edu Fnd	\$2,000.00	\$0.00	\$0.00	\$2,000.00
Garage Sale - Expense	\$250.00	\$0.00	\$0.00	\$0.00
Miscellaneous Scholarship Expense	\$0.00	\$0.00	\$0.00	\$0.00
Scholarship Committee	\$300.00	\$0.00	\$0.00	\$0.00
Scholaship Awarded	\$14,500.00	\$0.00	\$0.00	\$500.00
Total Expense	\$28,400.00	\$1,385.76	\$1,919.74	\$6,422.18
*Craig Johnson - \$500 deposit made 4/17				
**Day of Games - \$305 Deposit made 6/17				
TOAL SCHOLARSHIP CLOSING BAL- ANCE				
		26,538.62	26,835.88	
TOTAL UWF ACCOUNT BALANCE				
		\$36,951.81	\$34,492.07	

Bookminders Schedule for 2017-2018

	LOCATION	TITLE	AUTHOR
February 12	Home of Jo Dervan	The Underground Railroad: A Novel and/or Underground Airlines	Colson Whitehead Ben Winters
March 12	Home of Carol Milewski, Holly Flynn, and Marty Hedrick	A Hope More Powerful than the Sea: The Journey of Doaa Al Zamel: One Refugee's Incredible Story of Love, Loss, and Survival and/or A Thousand Miles to Freedom: My Escape from North Korea and/or Strength in What Remains	Melissa Fleming Eunsun Kim and Sebastian Falletti Tracy Kidder
April 9	Home of Carol Hertle	Homegoing	Yaa Gyasi
May 14	Home of Jean Hunter	Born a Crime: Stories from a South African Childhood	Trevor Noah
June 11	Home of Barbara Holley	This Fight is Our Fight: The Battle to Save America's Middle Class	Elizabeth Warren

All meetings will begin at 1:00 PM

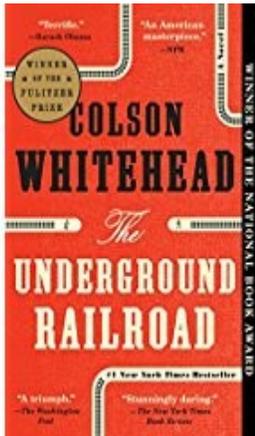
Jane Mealy
439-4811
janemealy@aol.com

Smile.Amazon.com for our Scholarship Fund

From now on, after you register, when you go to **smile.amazon.com** 0.5% of all your purchases will be going to the UWF Scholarship fund. All you have to do is go to **Smile.Amazon.com**, enter **University Women of Flagler** in the rectangular white box. You only have to do this once. Then every time you go to **smile.amazon.com**, it will remember you and you will see Supporting University Women of Flagler in the upper left corner to remind you that a portion of your purchases will be rebated to UWF. Also, it will remember if you are a prime customer.

For more information, contact Claudia at clagentow@earthlink.net

Bookminders: February Selections



A 3rd generation black slave, Cora dreamt of living her life in freedom and finding her mother who abandoned her at a very young age. While serving on a Georgia cotton plantation, Cora was approached one day by another slave named Caesar - who offered a glimpse of freedom at such a dark time.

Although hesitant at first, Cora found her courage and unfortunately killed someone in her desperate attempt for escape. Her journey to freedom was never easy - getting subjected to pretend who she's not and going from one nightmare to another. Cora's persistent attempt to be free from bondage was almost halted by her relentless captor, Ridgeway; she had to muster all her strength to evade his clutches and avoid persecution.

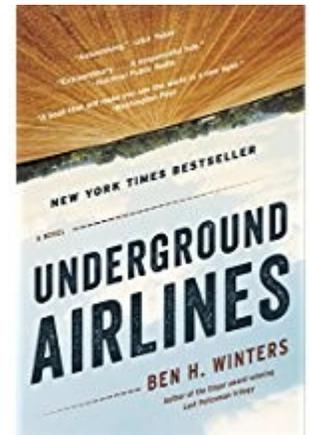
Colson Whitehead's "The Underground Railroad" details the hauntingly numerous horrors of black slavery in the Southern part of the Americas as it is visibly featured in this award-winning literary masterpiece and also served as a conscious message of white supremacy that existed for decades.

A young black man calling himself Victor has struck a bargain with federal law enforcement, working as a bounty hunter for the US Marshall Service in exchange for his freedom. He's got plenty of work. In this version of America, slavery continues in four states called "the Hard Four." On the trail of a runaway known as Jackdaw, Victor arrives in Indianapolis knowing that something isn't right--with the case file, with his work, and with the country itself.

As he works to infiltrate the local cell of a abolitionist movement called the Underground Airlines, tracking Jackdaw through the back rooms of churches, empty parking garages, hotels, and medical offices, Victor believes he's hot on the trail. But his strange, increasingly uncanny pursuit is complicated by a boss who won't reveal the extraordinary stakes of Jackdaw's case, as well as by a heartbreaking young woman and her child--who may be Victor's salvation.

Victor believes himself to be a good man doing bad work, unwilling to give up the freedom he has worked so hard to earn. But in pursuing Jackdaw, Victor discovers secrets at the core of the country's arrangement with the Hard Four, secrets the government will preserve at any cost.

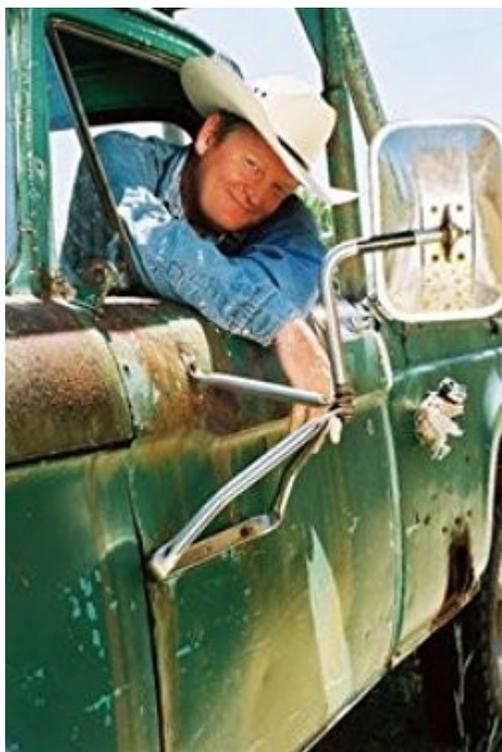
Underground Airlines is a ground-breaking novel, a wickedly imaginative thriller, and a story of an America that is more like our own than we'd like to believe.



<https://www.facebook.com/UniversityWomenofFlagler/>

Find us on





Meet Longmire’s Creator, author Craig Johnson

Sponsored by University Women of Flagler

DATE AND TIME:

Saturday, February 3, 2018

12:00 PM—5:30 PM

LOCATION:

Florida Agricultural Museum

7900 North Old Kings Road

Palm Coast, FL 32137

TICKETS:

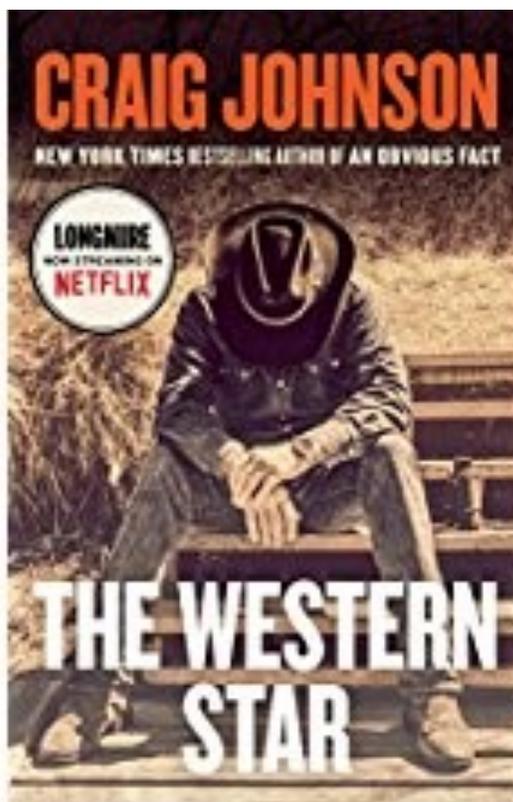
\$65 through Eventbrite

<https://longmire.eventbrite.com>

There are a few tickets still available. Don't miss out on this special event!

For further information contact Susan Slater 386-283-3102

Meet the man behind the Sheriff, Longmire Creator, Craig Johnson. Enjoy a Chuck Wagon lunch, then listen as Craig shares some insights into his widely popular books and Netflix series. A book signing will follow. But don't go home yet — dance to the music of UpTUIT! Line-dance lessons free of charge.



MEET...



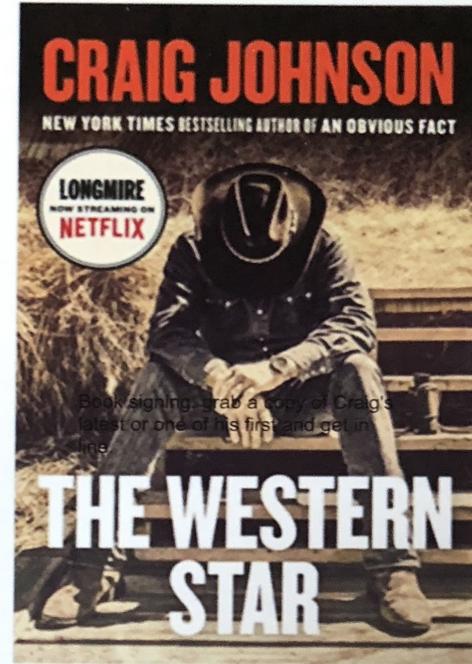
**The Man Behind the Sheriff
LONGMIRE creator
-CRAIG JOHNSON-
Saturday Feb. 3, 2018**

**Noon-Chuck Wagon Lunch
1-A Visit with Craig
2-Book Signing
3-5 Country Western Band**

**Florida Agricultural Museum
7900 Old Kings Hwy N.,
Palm Coast, FL**



**Sponsored by University
Women of Flagler, 501(c)(3)
Tickets \$65
<https://longmire.eventbrite.com>**



**Book-signing: Grab a copy of
Craig's latest or one of his first
and get in line.**



**Dance anyone? Learn to line-dance or just
tap a toe to CW band upTUIT**



**Award-winning artist, Rachel Thompson,
shares her unique Native paintings.**

Announcements

Lunch Bunch



The February Lunch Bunch will be held at the home of Nancy Carlton on February 16th at noon. Please let Nancy know if you will be attending.



Playgirls

What: **The Nerd**

When: Thursday, March 8, 2018

Time: 7:30 pm

Where: Flagler Playhouse, Bunnell

Cost: \$27.50 (includes \$5 for scholarship fund) **Checks made out to Ronaele Bowman are due by February 7th.**

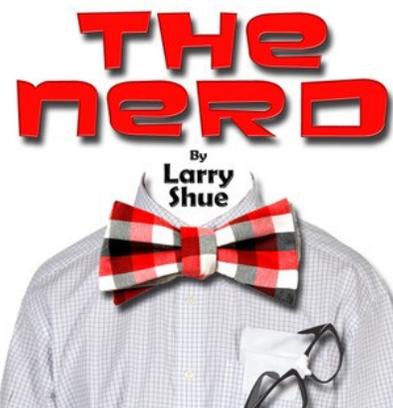
"The Nerd" centers on the hilarious dilemma of a young architect who is visited by the man who saved his life in Vietnam, but whom he has never met. The guest turns out to be an extremely inept nerd who turns our hero's life upside down, and then outstays his visit. Written by the author of "The Foreigner".

Dinner will precede the play — watch for the location.

If there are any questions, please call Ronaele at 734-679-8732.

*****Mark your calendars for future Playgirls picks:**

April: "Bad Jews" at Limelight or "South Pacific" at FPH



UWF Upcoming General Meetings

Don't miss out —Mark your calendars now!

February 10 Gardening with Native Plants

March 17 Elder Sources

April 21 James Tager, Superintendent Flagler County Schools

May 19 Presentation of Scholarship Recipients & Installation of Officers (Luncheon)

January's Entree from Lunch Bunch

Thanks to Jane Mealy for hosting the January Lunch Bunch and providing these recipes. It was very difficult to choose one recipe so the group opted for an entrée and a dessert.

SALMON WITH LIME-HOISIN GLAZE WITH CRUNCHY BOK CHOY SLAW

2 cups thinly sliced bok choy
½ cup grated carrot
½ cup sliced red bell pepper
2 TBSP. rice vinegar
1 tsp. dark sesame oil
½ tsp. Sriracha
¼ cup dry-roasted unsalted cashews
2 TBSP. hoisin sauce
1 TBSP. fresh lime juice
1 clove garlic, grated
4 (6 oz.) salmon fillets (about 1" thick)
¼ tsp. salt (I didn't use any)
Cooking spray
2 cups hot cooked brown rice (I didn't use this)



1. Place bok choy and next 5 ingredients in a large bowl; toss to combine. Sprinkle with cashews.
2. Place a jelly roll pan on upper rack in oven. Preheat broiler to high (leave pan in oven).
3. Combine hoisin, juice, and garlic in a small bowl. Sprinkle salmon with salt and lightly coat with cooking spray. Place salmon on preheated pan; broil 6 minutes. Brush salmon with 1 ½ TBSP. hoisin mixture. Broil an additional 2 minutes or until desired degree of doneness. Brush salmon with remaining 1 ½ TBSP. hoisin mixture.
4. Serve with rice and slaw.

4 servings

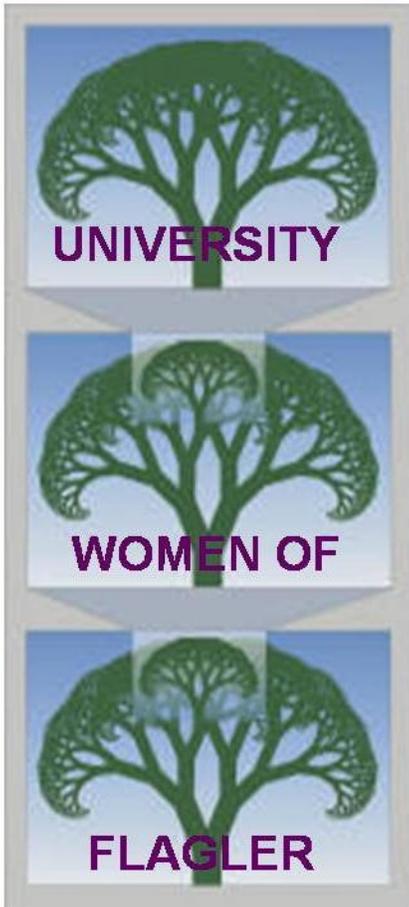
January's Dessert from Lunch Bunch

PEAR UPSIDE DOWN CAKE

9 TBSP. unsalted butter, room temperature, divided, plus more
¾ cup plus 3 TBSP. unbleached, all-purpose flour
3 TBSP. coarse yellow cornmeal or polenta
1 ½. tsp. baking powder
¼ tsp. salt
1 cup sugar, divided
2 medium pears (any kind) (about 1 pound)
1 tsp. vanilla
2 large eggs, separated
½ cup whole milk
Whipped cream, optional



1. Preheat oven to 350. Butter an 8" round cake pan with 2" sides. Line bottom with parchment paper.
2. Whisk flour, cornmeal, baking powder, and salt in a small bowl.
3. Stir ¼ cup sugar and 2 TBSP. water in a small saucepan over medium-low heat until sugar dissolves. Increase heat to medium-high. Boil syrup without stirring, occasionally swirling pan and brushing down sides with a wet pastry brush, until sugar turns dark amber, 8-10 minutes. Remove from heat; add 1 TBSP. butter (caramel will bubble vigorously) and whisk until smooth. Pour caramel into prepared cake pan and swirl to coat bottom.
4. Peel, halve, and core the pears. Place flat on a work surface and cut lengthwise into 1/8" thick slices. Layer slices over caramel, flat side down, overlapping as needed.
5. Mix remaining ¾ cup sugar, 8 TBSP. butter, and vanilla in a large bowl. Using an electric mixer, beat on medium speed until light and fluffy, about 3 minutes. Add yolks one at a time, beating to blend between additions and occasionally scraping bowl.
6. Beat in flour mixture in 3 additions, alternating with milk in two additions, beginning and ending with flour mixture.
7. Using clean, dry beaters, beat egg whites on low speed in a medium bowl until frothy. Increase the speed to medium and continue to beat until whites form soft peaks.
8. Fold about ¼ of the whites into the cake batter. Add remaining whites; gently fold just to blend. Pour batter over pears in pan; smooth top.
9. Bake cake, rotating pan half-way through, until top is golden brown and a tester inserted into the center comes out with a few small moist crumbs attached, about 1 hour.
10. Let cool in pan on a wire rack for 30 minutes. Run a thin knife around inside of pan to release cake.
11. Invert cake onto a plate; remove parchment paper.



University Women of Flagler

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Flagler Beach, FL 32136
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www.uwflagler.org

2017-2018 Officers

President
President Elect
Program Vice President
Membership Vice Presidents
Scholarship Vice Presidents

Recording Secretary
Corresponding Secretary
Treasurer
Assistant Treasurer

Barbara Holley
Pat Cotton, Janice Nickol
Leila Hardison, Karen Flaherty
Donna Daly Boggs, Trish LeNet
Maralee Walsh-McDaniel,
Susan Slater
Jo Dervan, Sheila Platt
Mavis Smith
Toni Donohue
Mary DiStefano

The University Women of Flagler (UWF) was founded in June 2006. The purpose of UWF is to unite graduates of regionally accredited educational institutions in order to promote equity, education, intellectual growth, individual worth, and development of opportunities for women and girls in the Flagler County area. UWF promotes positive societal change in the community; participates in the development and promotion of policies and programs through study, action, and public policy advocacy in areas related to its purpose, including community, cultural interests, and the maintenance of high standards in education; and maintains a fund for the purpose of rendering assistance, giving support, and providing funds for litigation to Flagler County area women whose civil liberties are threatened, infringed, or violated.

The Wave is the official newsletter of the University Women of Flagler.

Copy Editor: Pat Cotton

Production Editor: Linda Jaeger