

The Wave

VOLUME 13— 5

Newsletter
of the University
Women of Flagler



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Last chance to get your tickets for our January fundraiser: *THE WOMEN.*

There are only 11 tickets available, all for the matinee performance on Saturday, January 12. Thursday evening, January 10, is SOLD OUT!

Bring a friend and come join your fellow members of UWF for a wonderful event with wine, chocolate desserts and UWF camaraderie. **See pages 5 and 6 for more details and contact information.**

January Meeting News

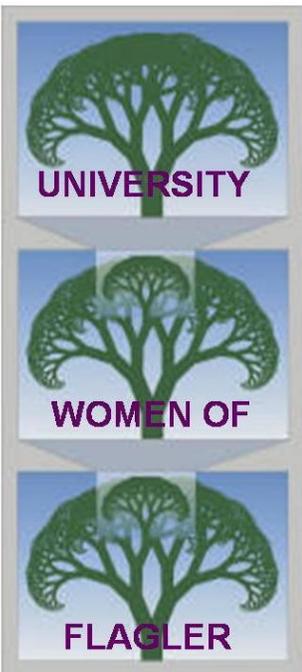
- EVENT:** UWF General Membership Meeting
- DATE:** **Saturday, January 19, 2019**
- TIME:** 9:00 AM
- PLACE:** Hilton Garden Inn, Palm Coast
- PROGRAM:** Once Upon a Time - Again!
- TOPIC:** Auction Fundraiser of loved, but unneeded gifts
- COST:** **\$15.00**
- RSVP:** **By January 15, 2019**

Please make a reservation for the meeting by calling Karen Wolford at **386-864-8691** or emailing kwolford3@cfl.rr.com Mail a check for **\$15.00**, payable to **University Women of Flagler** to be received by **January 15.**

**Karen Wolford
25 Lakeside Way
Palm Coast, FL 32137**

Please note: The hotel's invoice to UWF is based on the number of reservations. **If you make a reservation, but cannot attend, please understand that your payment is still required.** If you prepaid and are unable to attend the meeting, please call **Karen Wolford** so that your reservation payment can be donated to the Scholarship Fund.

All meeting reservation information is included in the Directory and The Wave.



From the Presidents

Dear UWF Members:

Happy New Year!

Welcome 2019! We hope that you had a joyous holiday season, and are ready for a New Year, new beginning, new YOU!

Personally, I'm not one to make new year's resolutions, especially since they can easily be broken. Instead I like to set goals with a completion date. Guess it's almost the same thing, but if I commit with a completion date, it seems to stick.

So a UWF Membership Goal: For each member to support any of our upcoming events in whatever way possible, in order for us to continue to provide scholarships to Graduating High School Seniors in Flagler County. Our Goal date: May 2019.

We hope that you are able to attend our January general membership meeting, as the annual auction will begin shortly after opening the meeting. Bring wrapped re-gifts you want to see auctioned off, and let the fun begin. Janice your Co-President is the auctioneer. Rules of the auction will be explained at the meeting.

Yours in Service,
Janice Nickol & Pat Cotton

Yours in Service,
Janice and Pat



Pat Cotton

Janice Nickol

Women's Educational Support

University Women of Flagler have expanded our support to Flagler County women who are working towards degrees at Daytona State College. The Daytona State College Foundation runs the Helping Hands Program which seeks finances in our communities for their work. We have agreed to send The Foundation \$1,200 a year. A woman who needs a little bit of help for gas, food, bus fare, etc. may request help to balance out her budget so that she may continue in school. Helping Hands assesses the need and determines if a student qualifies for the aid. No stipend is to be greater than \$100/semester.



UWF has received several donations to help start this stipend. In addition, we will utilize UWF's portion of the 50/50 and a Spare Change Jar at the General Meetings to fund our pledge to The Foundation. Please donate whatever you can so that we are able to service women residing in Flagler County who have sought to advance their education through non-traditional paths.

December 15, 2018 Minutes

Hilton Garden Inn

Call to Order: The meeting was called to order at 11:15 by co-President Janice Nickol. The Pledge of Allegiance followed, with a moment of silence for our troops, first responders, and those we have lost over the years.

Inspirational Message: Rhenda Brodnax began with a poem by our member Maria Sayers who could not be present.

Membership: There was one visitor present, Donna Boggs' mother, Dorothy. Jane Mealy was celebrated with song on her birthday.

Treasurer's Report and Minutes: Both reports were accepted by the membership.

January Fundraiser:

Linda Jaeger presented a new flyer for "The Women" event.
50/50 tickets will be sold at each performance, January 10th and 12th.
Auction items will be divided between the two performances
Mary DiStefano accepted wine donations
Jane Mealy asked for volunteers for chocolate donations

Outside Event: Susan Slater will be part of an AAUW author's luncheon on January 17th. The cost of lunch is \$25. Checks, made out to "Jane Mealy", can be given to Jane Mealy.

The "Formality Singers" of Palm Coast High School delivered a marvelous performance celebrating the Christmas season.

Fashion Show: This event on March 30th is chaired by Barbara Holley. The committee is already underway.

Interest Groups: Announcements regarding these activities will be found in *The Wave*. Playgirls will attend a performance of *A...My Name is Alice* at the Flagler Playhouse on January 27 at 2:00 pm. The cost is \$27.50, which includes the scholarship donation.

The meeting was adjourned at 1:30.

Respectfully submitted,

Sheila Platt
co-Recording Secretary

Please contact Karen Wolford if you can assist her with the reservations for the May Scholarship Luncheon.

Programs for 2018-2019

Karen Flaherty and Leila Hardison, Vice Presidents for Programs

Meeting Date	Speaker/Title	Presentation Topic
January 19, 2019	"Once Upon a Time Again"	Auction Fundraiser of loved, but unneeded holiday gifts
February 9, 2019	Richard Staly, Flagler County Sheriff	"Law Enforcement Initiatives in Flagler County"
March 16, 2019	Dr. Karen Toppi, St. Augustine Ob-Gyn Associates	"Health Care Tips for Women: What's New?"
April 13, 2019	James Tager, Superintendent, Flagler County Schools	"Updates on Flagler Schools Programs: 2018-2019"
May 18, 2019 (Luncheon)	Scholarship Luncheon and Installation of Officers	Scholarship Award Recipients

Breakfast meetings: Doors open at 9:00 AM.

Luncheon meetings: Doors open at 11:00 AM.

January's Program "Once Upon a Time - Again"

For the past several years, the members of UWF have engaged in a fun event at the January meeting. This year, Janice Nickol will again act as our auctioneer.

We ask members who are attending the meeting to search through their closets and shelves to find a special gift that can be donated to UWF for this auction. The donation may be a "gag" gift or something that you think someone else would enjoy having in her possession....maybe the sweater that Aunt Myrtle knit for you several years ago and has yet to grace your body...or the extra tea pot that is taking up room in the kitchen cabinet....or the picture frame from cousin Dalila that just doesn't match your décor.....you get the drift.

Wrap the item and bring it with you to the January 19th meeting. There will be a box for "gifts". After the business portion of the meeting, Janice will auction off the "gifts" with her very vivid descriptions as she encourages the members to bid ...on who knows what.

The Once Upon A Time Again event is a fundraiser for UWF's scholarship fund. Please participate by donating a wrapped gift (we wouldn't want anyone to have insider information about these items, would we). Did a box or bag catch your eye? Bid on the box or bag just from looking at its wrapping and size...and oh yes, did it jingle?

Bring cash, bring your check book, bring your piggy bank. But most of all, bring your sense of adventure as Janice challenges us to "see" what's in each wrapped package.

Don't forget — this is the perfect opportunity to "re-gift" those holiday gifts that didn't quite match with the list you sent to Santa!



Membership Report

Joanne Mason and Trish LeNet, Membership Co-Vice Presidents

If you have any changes to your contact information (name, address, telephone number, or email) please inform **Donna Daly Boggs** at djaymesd@earthlink.net.

Also, if you know anyone interested in joining UWF, invite her to accompany you to a general meeting.

Lottery Seating is suspended for the January meeting

New Member: Karen Basany

Karen Basany was introduced to UWF through Edda Steinmeier and attended one of the "Lunch Bunch" gatherings this past summer. Karen became interested in joining the organization and then attended her first UWF meeting last month. Karen received her BS in Material Sciences and Engineering at Wright State University in Ohio and shortly thereafter, served as one of the youngest female AF officers in California. She later left the military and completed her MBA at University of Phoenix while working for 34 years as an engineering manager on satellite technology projects. Karen and her family (husband and 3 sons) moved to Flagler Beach in 2015 to be closer to family (including her mother-in-law who is 91 years "young") and enjoy the wonderful waterways. Please be sure to welcome Karen at our next University Women of Flagler meeting in January as she will be sitting with her UWF mentor, Jo Dervan!



Special Silent Auction Items at City Repertory Theater

January 10 and January 12

Bid on a week long vacation selected from among the many offered by RCI - resorts are available in Mexico, the Caribbean, Hawaii and many more locales. You select the week and the destination.

Bid on a dinner party for 8 to be provided at your home by some of the chefs who have been enticing the Lunch Bunch members with delectable lunches. Your dinner will include an appetizer, salad, main entrée, 2 sides, dessert and wine.

Other auction items include an award winning quilt, jewelry, and a painted handbag.

**University Women of Flagler
along with the City
Repertory Theater
Present
“THE WOMEN “**

THE WOMEN is a 1936 American play, a comedy of manners, by Clare Boothe Luce. It is billed as a commentary on the pampered lives and power struggles of various wealthy Manhattan socialites, and Up-and-comers. The gossip that propels and damages their relationships. While men are mentioned frequently, they are strictly characters mentioned but never seen.



Lila Lee Fay Wray Helen Vinson

**Thursday, January 10, 2019
7:30 PM (doors open 6:30 PM)
and
Saturday, January 12, 2019
2:00 PM (doors open 1:00 PM)**

Tickets \$35.00
Contact Louel at 386-445-4236 for Tickets
Or
Email kaimukilady@gmail.com

Proceeds from each event help to build Scholarships for female youth of Flagler County Schools

Death by Chocolate
50/50 and a Silent Auction
Wine will be served (good will donation appreciated)

Treasurer's Report

Toni Donohue, Treasurer

Monthly Operating Account Cash Flow July 2018 - June 2019

OPERATING ACCOUNT	2018-2019 Budget	November Actual	December Preliminary	Year to Date Actual
INCOME		\$6,017.01	\$5,729.51	
Amazon	\$25.00	\$0.00	\$0.00	\$17.58
Correction Operating Income	\$0.00	\$0.00	\$0.00	\$0.00
Membership Dues 2017-2018*	\$3,500.00	\$0.00	\$0.00	\$0.00
Membership Dues 2018-2019	\$0.00	\$0.00	\$0.00	\$560.00
Miscellaneous Operating Income	\$4,145.00	\$0.00	\$0.00	\$0.00
Monthly 50-50 Raffle	\$700.00	\$0.00	\$0.00	\$137.00
Monthly Meeting	\$7,300.00	\$475.00	\$0.00	\$3,075.00
Total Income	\$15,670.00	\$475.00	\$0.00	\$3,789.58
EXPENSES				
Community Assistance	\$2,000.00	\$0.00	\$0.00	\$0.00
Correction Operating Expense	\$0.00	\$0.00	\$0.00	\$0.00
Directory	\$1,300.00	\$0.00	\$0.00	\$1,233.09
Early Learning Coalition Dolly Parton	\$1,500.00	\$0.00	\$0.00	\$0.00
Fees-Dept of Consumer Services	\$90.00	\$0.00	\$0.00	\$0.00
Fees-FL Non-Profit	\$70.00	\$0.00	\$0.00	\$0.00
Historian	\$50.00	\$0.00	\$0.00	\$0.00
Honors	\$150.00	\$25.00	\$0.00	\$75.00
Insurance	\$600.00	\$0.00	\$0.00	\$579.58
Membership Committee	\$500.00	\$0.00	\$0.00	\$0.00
Memorials	\$250.00	\$0.00	\$0.00	\$0.00
Miscellaneous Operating Expense	\$0.00	\$0.00	\$0.00	\$100.00
Monthly Meeting Expense	\$7,300.00	\$600.00	\$0.00	\$1,800.00
Office Supplies	\$100.00	\$0.00	\$0.00	\$49.24
Presidents Expense & Meeting	\$120.00	\$0.00	\$0.00	\$0.00
Program Committee	\$400.00	\$15.00	\$200.00	\$245.00
Publicity	\$100.00	\$0.00	\$0.00	\$0.00
Scholarship Accruals	\$0.00	\$0.00	\$0.00	\$0.00
Sunshine Fund	\$60.00	\$0.00	\$0.00	\$0.00
Website	\$1,080.00	\$122.50	\$0.00	\$304.48
Total Expense	\$15,670.00	\$762.50	\$200.00	\$4,386.39
TOTAL OPERATING CLOSING BALANCE		5,729.51	5,529.51	
*Add \$2,555.00 from 2017-2018 Budget				

**Monthly Scholarship Account Cash Flow
July 2018 — June 2019**

SCHOLARSHIP ACCOUNT	2018-2019 Budget	November Actual	December Preliminary	Year to Date Actual
INCOME		\$17,818.52	\$19,163.52	
15 Minutes of Fame	\$100.00	\$0.00	\$0.00	\$0.00
Belk Charity Days	\$0.00	\$0.00	\$0.00	\$630.00
Book Minders	\$200.00	\$0.00	\$0.00	\$0.00
Chez Jacqueline	\$500.00	\$300.00	\$0.00	\$300.00
Contributions from Individuals	\$0.00	\$0.00	\$0.00	\$3,100.00
Correction Scholarship Income	\$0.00	\$0.00	\$0.00	\$0.00
CRT Theatre Production	\$4,000.00	\$0.00	\$0.00	\$840.00
Dance The Night Away	\$500.00	\$0.00	\$0.00	\$0.00
Day of Games	\$3,000.00	\$100.00	\$0.00	\$3,735.00
Daytona State College Foundation	\$1,200.00	\$910.00	\$0.00	\$910.00
Fashion Show 3/30	\$2,500.00	\$0.00	\$0.00	\$0.00
Gourmet Group	\$500.00	\$0.00	\$0.00	\$0.00
Honors - Scholarship	\$150.00	\$25.00	\$0.00	\$75.00
Lunch Bunch Group	\$350.00	\$0.00	\$0.00	\$160.00
Memorials - Scholarship	\$250.00	\$0.00	\$0.00	\$0.00
Miscellaneous Scholarship Income	\$6,030.00	\$0.00	\$0.00	\$0.00
Once Upon a Time	\$400.00	\$0.00	\$0.00	\$0.00
Paint with Twist	\$375.00	\$0.00	\$0.00	\$0.00
Playgirls	\$400.00	\$0.00	\$0.00	\$75.00
Workshops	\$1,000.00	\$10.00	\$0.00	\$360.00
Total Income	\$21,455.00	\$1,345.00	\$0.00	\$10,185.00
EXPENSES				
Correction Scholarship Expense	\$0.00	\$0.00	\$0.00	\$0.00
CRT Theatre Production - Expense*	\$2,000.00	\$0.00	\$0.00	\$0.00
Dance the Night Away - Expense	\$250.00	\$0.00	\$0.00	\$0.00
Day Of Games Expense**	\$505.00	\$0.00	\$0.00	\$535.00
Daytona State College Found - Expense	\$1,200.00	\$0.00	\$0.00	\$0.00
Donation Flagler Community Ed Fund	\$2,000.00	\$0.00	\$0.00	\$2,000.00
Fashion Show - Expense	\$200.00	\$0.00	\$0.00	\$0.00
Miscellaneous Scholarship Expense	\$0.00	\$0.00	\$0.00	\$0.00
Paint with Twist - Expense	\$0.00	\$0.00	\$0.00	\$0.00
Scholarship Committee	\$300.00	\$0.00	\$0.00	\$0.00
Scholarship Awarded	\$15,000.00	\$0.00	\$0.00	\$0.00
Total Expense	\$21,455.00	\$0.00	\$0.00	\$2,535.00
*CRT Production deposit \$500 paid 6/18/18				
**Day of Games - \$150 paid 6/18/18				
TOTAL SCHOLARSHIP CLOSING BALANCE		<u>19,163.52</u>	<u>19,163.52</u>	
TOTAL UWF ACCOUNT BALANCE		<u>\$24,893.03</u>	<u>\$24,693.03</u>	

BOOKMINDERS SCHEDULE FOR 2018-2019

DATE	LOCATION	TITLE	AUTHOR
January 14	Home of Carol Milewski, Holly Flynn, and Marty Hedrick	Becoming	Michelle Obama
February 11	Home of Claudia Towne	Anything is Possible: A Novel	Elizabeth Strout
March 11	Home of Pat Cotton	The Great Alone: A Novel and/or Educated: Memoir	Kristin Hannah Tara Westover and Julia Whelan
April 8	Home of Jean Hunter	A Gentleman in Moscow: A Novel	Amor Towles
May 13	Home of Suzanne Timko	Barracoon: The Story of the Last Black Cargo	Zora Neale Hurston
June 10	Home of Sherrie Thompson	The Dry: A Novel	Jane Harper



All meetings will begin at 1:00 PM

Jane Mealy
439-4811
janemealy@aol.com



January's Book Selection

In a life filled with meaning and accomplishment, Michelle Obama has emerged as one of the most iconic and compelling women of our era. As First Lady of the United States of America—the first African American to serve in that role—she helped create the most welcoming and inclusive White House in history, while also establishing herself as a powerful advocate for women and girls in the U.S. and around the world, dramatically changing the ways that families pursue healthier and more active lives, and standing with her husband as he led America through some of its most harrowing moments. Along the way, she showed us a few dance moves, crushed Carpool Karaoke, and raised two down-to-earth daughters under an unforgiving media glare.

In her memoir, a work of deep reflection and mesmerizing storytelling, Michelle Obama invites readers into her world, chronicling the experiences that have shaped her—from her childhood on the South Side of Chicago to her years as an executive balancing the demands of motherhood and work, to her time spent at the world's most famous address. With unerring honesty and lively wit, she describes her triumphs and her disappointments, both public and private, telling her full story as she has lived it—in her own words and on her own terms. Warm, wise, and revelatory, *Becoming* is the deeply personal reckoning of a woman of soul and substance who has steadily defied expectations—and whose story inspires us to do the same.





Play Girls Theater Group



Sunday 1/27/19 @ 2:00pm, "A...My Name is Alice"

Flagler Playhouse
Dinner following play

Thursday 2/21/19 @ 7:30pm, "Girls' Weekend"

Limelight Theatre
Dinner before play

March/April

City Repertory Theater

For more information contact

A... My Name is Alice is a musical revue featuring songs and sketches performed by women of different ages and types in a wide variety of situations with insight, empathy and self deprecating humor, including going out to a male strip club for the first time, getting wrapped up in a romance novel, the trials and tribulations of growing older, how friendships change through the years, and how to deal with the loss of a mother.



Ronaele Bowman
386-627-8033
hlbowman@gmail.com



Lunch Bunch

Contact Susie Moya
by January 14th
For the January lunch
SusieMoya@gmail.com

All Lunches will begin
at Noon

MAIN CONTACT
Edda Steinmeier
446-5403
eddausi2@aol.com



Date	Hostess
January 18	Susie Moya
February 15	Jo Dervan
March 15	Suzanne Gaguzis
April 12	Diane Parisi
May 17	Jane Mealy
June 21	Linda Jaeger



Recipes from Lunch Bunch

Thanks to Joanne Mason for hosting the December Lunch Bunch and providing these recipes

Joy's Prizewinning Trifle (adapted from Allrecipes.com)

Ingredients:

- 1 (12 ounce) container frozen whipped topping, thawed
- 1 (8 ounce) container sour cream
- 1 (9 inch) angel food cake or bake your own pound cake
- 2 (3.4 ounce) packages instant vanilla pudding mixes (mix with 2 cups whole milk)
- 4 kiwis, peeled and sliced
- 2 pints fresh strawberries, sliced
- 3 bananas, peeled and sliced
- 1 (15 ounce) can crushed pineapple, drained



Directions:

1. In a medium bowl, fold sour cream and prepared pudding mix into the whipped topping.
2. Cut the cake into thirds, horizontally.
3. Line a large trifle or other glass serving bowl with kiwi and strawberry slices, reserving two whole strawberries and two kiwi slices. Place one layer of cake in bottom of bowl, top with 1/3 of bananas and pineapple, and 1/3 of whipped topping mixture. Repeat layering until all ingredients are used.
4. Make fan garnishes of whole strawberries by slicing from just below the stem. Garnish assembled trifle with fanned strawberries and reserved kiwi slices.
5. Refrigerate until serving.

Roasted Red Grape and Kale Salad (from Sun World)

Ingredients:

- 2 cups red seedless grapes
- 3 tablespoons honey
- Sea salt
- ½ cup walnuts, halved
- 3 tablespoons olive oil
- 1 teaspoon Dijon mustard
- Juice of 1 lemon
- 1 bunch of kale, finely shredded
- 4 ounces crumbled blue cheese

Directions:

1. Preheat oven to 395F.
2. Place the grapes on a paper-lined baking tray. Drizzle with honey and a sprinkle of sea salt, then cook for 15 to 20 minutes, or until slightly wrinkled and softened.
3. Place the walnuts on a second tray and roast in the oven for 5 to 10 minutes, until lightly golden.
4. Prepare the dressing by whisking together the olive oil, Dijon mustard and lemon juice until combined.
5. Place the shredded kale in a large salad bowl. Add dressing and massage into the leaves until kale is fully coated.
6. Add toasted walnuts, grapes and blue cheese. Toss well.

Recipes from Lunch Bunch

Brown Sugar Cinnamon Applesauce

(Recipe adapted from *A Year of Slow Cooking* barefeetinthekitchen.com)

Ingredients:

- 8 apples peeled, halved and cored (suggestion: honey crisp apples)
- Juice from 1 lemon or the equivalent amount of lemon juice concentrate, no more than 1 Tablespoon of fresh lemon juice
- 1 ½ teaspoons cinnamon
- 2 teaspoons vanilla extract
- 2 Tablespoons brown sugar firmly packed
- 1 Tablespoon water

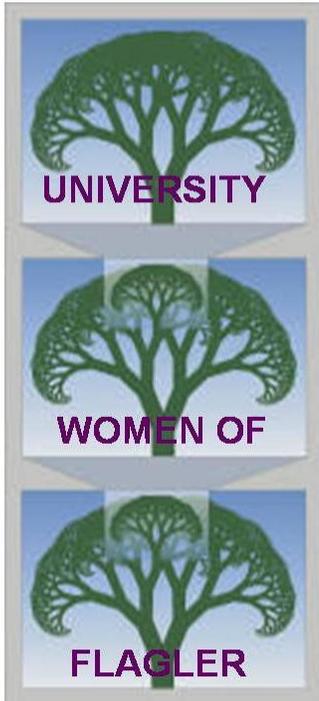


Directions:

1. Place your apple pieces in the crockpot.
2. Add lemon juice, water and vanilla, sprinkle cinnamon and brown sugar on top.
3. Toss to coat thoroughly.
4. Cover and cook on low for approximately 6 hours.
5. When the apples are very tender, mash them with a potato masher or a fork until they are the consistency you desire.



From all the ladies of the Lunch Bunch —
May you have a happy and healthy New Year.



2018-2019 Officers

Presidents	Pat Cotton, Janice Nickol
Past President	Barbara Holley
Program Vice Presidents	Karen Flaherty, Leila Hardison
Membership Vice Presidents	Trish LeNet, Joanne Mason
Scholarship Vice Presidents	Maralee Walsh-McDaniel
Recording Secretaries	Jo Dervan, Sheila Platt
Corresponding Secretary	Mavis Smith
Treasurer	Toni Donohue
Assistant Treasurer	Jeanne Florio

www.uwflagler.org

The University Women of Flagler (UWF) was founded in June 2006. The purpose of UWF is to unite graduates of regionally accredited educational institutions in order to promote equity, education, intellectual growth, individual worth, and development of opportunities for women and girls in the Flagler County area. UWF promotes positive societal change in the community; participates in the development and promotion of policies and programs through study, action, and public policy advocacy in areas related to its purpose, including community, cultural interests, and the maintenance of high standards in education; and maintains a fund for the purpose of rendering assistance, giving support, and providing funds for litigation to Flagler County area women whose civil liberties are threatened, infringed, or violated.

The Wave is the official newsletter of the University Women of Flagler.
Editor: Linda Jaeger

<https://www.facebook.com/UniversityWomenofFlagler/>

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