

# The Wave

VOLUME 12— 5

Newsletter  
of the University  
Women of Flagler



## January Meeting News

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**EVENT:** UWF General Membership Meeting  
**DATE:** **Saturday, January 20, 2018**  
**TIME:** 8:30 a.m. coffee; **9:00 a.m. Breakfast**  
**PLACE:** Hilton Garden Inn  
**PROGRAM:** **Once Upon A Time Again**  
 "Re-gifting" Auction - with Auctioneer Janice Nickol  
**COST:** \$15.00  
**RSVP:** **By January 15, 2018**

Please make a reservation for the meeting via email to [kwolford3@cfl.rr.com](mailto:kwolford3@cfl.rr.com) or by calling **386-864-8691** and mail a check for **\$15.00**, payable to **University Women of Flagler** to be received by **January 15, 2018** to:

**Karen Wolford**  
**25 Lakeside Way**  
**Palm Coast, FL 32137**

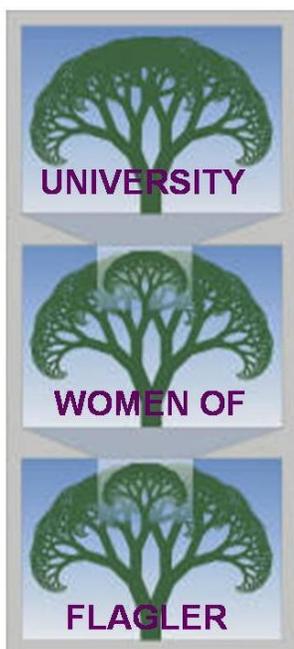
**Please note: The hotel's invoice to UWF is based on the number of reservations. If you make a reservation, but cannot attend, please understand that your payment is still required.** If you prepaid and are unable to attend the meeting, please email or call Karen Wolford, so that your reservation payment can be donated to the Scholarship Fund.

All meeting reservation information is included in the Directory and **The Wave**.

## From the President

Happy New Year UWF! Welcome to 2018! The years seem to go by so much faster these days so we want to enjoy and be grateful for each day.

We continue working to provide meaningful experiences in all our meetings. We select speakers who are often recommended by you, the membership, and who are knowledgeable about subject matters that we believe will enhance our lives in some way. Yet, participation during our meetings has declined. In an attempt to understand this trend, we will be sending a brief survey to each of you to get



## *President's Message continued*

your opinion about how we can improve attendance at our general meetings. We still have over 100 members yet less than half come each month. Let us know what you think we can do to get our members back to our general sessions.

Our biggest annual fundraiser for our scholarship fund is coming up early next month, February 3<sup>rd</sup>. We really need the support of the entire membership to make this event successful! As you know, thanks to our past president Susan Slater, we are bringing the renowned author, Craig Johnson of the Longmire series, to Palm Coast! We have a wonderful event planned, which includes a chuck-wagon lunch, live band, line dancing, book signing and much more! All of this for only \$65! Plan to attend; get your tickets today at <https://longmire.eventbrite.com>. If you cannot attend please consider making a donation. Anything you can do to support our scholarship fund will help us support the young women in our community and will be deeply appreciated.

As usual, there are lots of wonderful things going on this month. The Bookminders are reading any book by Craig Johnson. Susan Slater is hosting this event at the home of Jane Mealy on January 8<sup>th</sup>. Jane Mealy will be hosting the Lunch Bunch on January 19 at her home. Ronaele Bowman has arranged for the Playgirls to see the show "Fool for Love" at the Limelight Theater on January 18<sup>th</sup>. We have lots of exciting activities and outings planned! Don't miss these fun events!

Our regular meeting will be held January 20<sup>th</sup> at the Hilton Garden Inn. The meeting begins at 9:00 a.m. with coffee and conversation at 8:30 a.m. The January meeting is our fun auction with Janice Nickol as our auctioneer. ***Please bring a wrapped gift with "no name" to be auctioned to the highest bidder. Plan to bid and take home something new. All proceeds go to our scholarship fund.***

As we begin 2018, my wish for you is a year filled with excellent health, new adventures, much happiness and sustained peace. In summary, it is my honor and pleasure to serve as your president.

Looking forward to seeing you at the January meeting!

Sincerely,  
Barbara C. Holley, Ed. D.  
President



## Once Upon A Time Again



For the past several years, the members of UWF have engaged in a fun event at the January meeting. This year, Janice Nickol will again act as our auctioneer.

We ask members who are attending the meeting to search through their closets and shelves to find a special gift that can be donated to UWF for this auction. The donation may be a “gag” gift or something that you think someone else would enjoy having in her possession....maybe the sweater that Aunt Myrtle knit for you several years ago and has yet to grace your body...or the extra tea pot that is taking up

room in the kitchen cabinet....or the picture frame from cousin Dalila that just doesn't match your décor.....you get the drift.

Wrap the item and bring it with you to the January 20th meeting. There will be a box for “gifts”. After the business portion of the meeting, Janice will auction off the “gifts” with her very vivid descriptions as she encourages the members to bid ...on who knows what.

The Once Upon A Time Again event is a fundraiser for UWF's scholarship fund. Please participate by donating a wrapped gift (we wouldn't want anyone to have insider information about these items, now would we). Did a box or bag catch your eye? Bid on the box or bag just by looking at its wrapping and size...and oh yes, did it jingle?



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Bring cash, bring your check book, bring your piggy bank. But most of all, bring your sense of adventure as Janice challenges us to “see” what's in each wrapped package.

Don't forget — this is the perfect opportunity to “re-gift” those holiday gifts that didn't quite match with the list you sent to Santa!

## Membership Report

Submitted by Donna Daly-Boggs and Trish LeNet

**Stephanie Rast** joined UWF at the December 2017 meeting.

She received her Bachelor's Degree from San Diego State College and an MBA from Southern Illinois University at Edwardville.

She is a retired US Army Colonel and a former software trainer and training manager.

Stephanie was referred to UWF by Pat Cotton.

NOTE: To change your mailing or email address, contact Donna Daly Boggs at [djaymesd@earthlink.net](mailto:djaymesd@earthlink.net)

## *December 9, 2017 General Membership Meeting*

President Barbara Holley called the meeting to order at 11:00 AM. The Pledge of Allegiance and a moment of silence to honor our troops and first responders followed.

An inspirational message was delivered by Rhenda Brodnax.

Because of their scheduling, the Formality Singers of Flagler Palm Coast High School performed before the meeting. They sang beautifully for a half hour and were awarded a \$200 certificate from the University Women.

Donna Daly Boggs introduced a new member: Stephanie Rast, who told the members a little about herself. Donna's mother was also introduced as a guest.

### **Business**

Barbara asked for acceptance of last month's treasurer's report and minutes. Both were approved by the members.

Susan Slater reminded everyone of the Longmire event on February 3<sup>rd</sup>. She made note of the book-marks about the event on each table. She said that information about the day was sent to writing groups, book clubs, book stores, and libraries, urging them to participate. Barbara noted that over \$20,000 was given by UWF in scholarships last year. She hoped for the same or more in 2018.

### **Committee Reports/Interest Groups**

Bookminders will meet on December 11<sup>th</sup> at the home of Rhenda Brodnax to discuss *Small Great Things* by Jodi Picoult.

Playgirls will get together next to see *Fool for Love* at the Limelight Theater in St. Augustine. The date is January 18<sup>th</sup> and the cost is \$15.00. Checks should be made out to Ronaele Bowman. The group will meet for dinner pre-show at the Purple Olive at 5:00 PM.

Lunch Bunch. The group will meet at Susan Moya's home on December 15<sup>th</sup>.

### **New Business**

Barbara commended the Hilton and Janice Nickol on the lovely lunch provided today.

She said that the hotel had also given us the champagne that we would use for a holiday toast. Janice thanked the group for their continued business.

Barbara led the toast, wishing all of us a Merry Christmas and Happy New Year.

The meeting was adjourned at 1:00 PM.

Respectfully submitted,  
Sheila Platt  
Co-recording secretary

*From the Treasurer*

**Monthly Operating Account Cash Flow**  
**July 2017 - June 2018**

<b>OPERATING ACCOUNT</b>	2017-2018 Budget	November Actual	December Preliminary	Year to Date Actual
<b>INCOME</b>		\$10,719.41	\$10,839.41	
Amazon	\$25.00	\$0.00	\$0.00	\$0.00
Correction Income Operating	\$0.00	\$0.00	\$0.00	\$0.00
Membership Dues 2017-2018	\$3,500.00	\$70.00	\$0.00	\$840.00
Miscellaneous Income Operating	\$3,640.00	\$0.00	\$0.00	\$0.00
Monthly 50-50 Raffle	\$740.00	\$80.00	\$0.00	\$285.00
Monthly Meeting	\$7,300.00	\$570.00	\$547.00	\$4,072.00
New Member Breakfast	\$225.00	\$0.00	\$0.00	\$0.00
<b>Total Income</b>	<b>\$15,430.00</b>	<b>\$720.00</b>	<b>\$547.00</b>	\$5,197.00
<b>EXPENSES</b>				
Audit	\$600.00	\$0.00	\$0.00	\$600.00
Community Assistance	\$2,000.00	\$0.00	\$0.00	\$0.00
Correction Expense Operating	\$0.00	\$0.00	\$0.00	\$0.00
Directory	\$1,300.00	\$0.00	\$0.00	\$1,177.22
Fees-Dept of Consumer Services	\$90.00	\$0.00	\$0.00	\$0.00
Fees-FL Non-Profit	\$70.00	\$0.00	\$0.00	\$0.00
Historian	\$0.00	\$0.00	\$0.00	\$0.00
Honors	\$150.00	\$0.00	\$0.00	\$50.00
Insurance	\$500.00	\$0.00	\$0.00	\$504.56
Membership Committee	\$500.00	\$0.00	\$0.00	\$0.00
Memorials	\$250.00	\$0.00	\$25.00	\$100.00
Miscellaneous Operating Expense	\$200.00	\$0.00	\$0.00	\$0.00
Monthly Meeting Expense	\$7,300.00	\$585.00	\$748.22	\$2,653.22
New Member Breakfast- Expense	\$225.00	\$0.00	\$0.00	\$0.00
Office Supplies	\$100.00	\$0.00	\$0.00	\$20.58
Presidents Expense & Meeting	\$120.00	\$0.00	\$0.00	\$0.00
Program Committee	\$665.00	\$15.00	\$200.00	\$282.45
Publicity	\$100.00	\$0.00	\$0.00	\$0.00
Scholarship Accruals	\$0.00	\$0.00	\$0.00	\$0.00
Sunshine Fund	\$60.00	\$0.00	\$0.00	\$19.30
Website	\$1,200.00	\$0.00	\$0.00	\$165.99
<b>Total Expense</b>	<b>\$15,430.00</b>	\$600.00	\$973.22	<b>\$5,573.32</b>
<b>TOAL OPERATING CLOSING BALANCE</b>		<b>10,839.41</b>	<b>10,413.19</b>	

# From the Treasurer

## Monthly Scholarship Account Cash Flow July 2017 — June 2018

<b>SCHOLARSHIP ACCOUNT</b>	2017-2018 Budget	November Actual	December Preliminary	Year to Date Actual
<b>INCOME</b>		<b>\$27,390.13</b>	<b>\$27,609.38</b>	
Book Minders	\$200.00	\$0.00	\$0.00	\$0.00
Chez Jacqueline	\$500.00	\$480.00	\$0.00	\$480.00
Contributions from Individuals	\$0.00	\$0.00	\$0.00	\$3,000.00
Correction Income Scholarship	\$0.00	\$0.00	\$0.00	\$0.00
Craig Johnson - Income	\$17,800.00	\$0.00	\$135.00	\$135.00
Day of Games	\$2,800.00	\$0.00	\$0.00	\$3,085.00
Garage Sale	\$1,675.00	\$0.00	\$0.00	\$0.00
Gourmet Group	\$500.00	\$0.00	\$0.00	\$0.00
Honors - Scholarship	\$150.00	\$0.00	\$0.00	\$50.00
Lunch Bunch Group	\$350.00	\$35.00	\$40.00	\$130.00
Memorials - Scholarship	\$250.00	\$0.00	\$25.00	\$100.00
Miscellaneous Income Scholarship	\$3,575.00	\$0.00	\$0.00	\$0.00
Once Upon a Time	\$250.00	\$0.00	\$0.00	\$0.00
Playgirls	\$350.00	\$125.00	\$0.00	\$200.00
<b>Total Income</b>	<b>\$28,400.00</b>	<b>\$640.00</b>	<b>\$200.00</b>	<b>\$7,180.00</b>
<b>EXPENSES</b>				
Chez Jacqueline Expense	\$0.00	\$0.00	\$0.00	\$0.00
Correction Expense Scholarship	\$0.00	\$0.00	\$0.00	\$0.00
Craig Johnson - Expense *	\$10,850.00	\$420.75	\$0.00	\$420.75
Day Of Games Expense**	\$500.00	\$0.00	\$0.00	\$195.93
Donation Flagler Community Edu Fnd	\$2,000.00	\$0.00	\$0.00	\$2,000.00
Garage Sale - Expense	\$250.00	\$0.00	\$0.00	\$0.00
Miscellaneous Scholarship Expense	\$0.00	\$0.00	\$0.00	\$0.00
Scholarship Committee	\$300.00	\$0.00	\$0.00	\$0.00
Scholarship Awarded	\$14,500.00	\$0.00	\$0.00	\$500.00
<b>Total Expense</b>	<b>\$28,400.00</b>	<b>\$420.75</b>	<b>\$0.00</b>	<b>\$3,116.68</b>
<b>*Craig Johnson - \$500 deposit made 4/17</b>				
<b>**Day of Games - \$305 Deposit made 6/17</b>				
<b>TOAL SCHOLARSHIP CLOSING BAL- ANCE</b>		<b>27,609.38</b>	<b>27,809.38</b>	
<b>TOTAL UWF ACCOUNT BALANCE</b>		<b>\$38,448.79</b>	<b>\$38,222.57</b>	

## *Bookminders Schedule for 2017-2018*

LOCATION	TITLE	AUTHOR	
January 8	Home of Jane Mealy, with Susan Slater*	Any Longmire book	Craig Johnson
February 12	Home of Jo Dervan	The Underground Railroad: A Novel and/or Underground Airlines	Colson Whitehead Ben Winters
March 12	Home of Carol Milewski, Holly Flynn, and Marty Hedrick	A Hope More Powerful than the Sea: The Journey of Doaa Al Zamel: One Refugee's Incredible Story of Love, Loss, and Survival and/or A Thousand Miles to Freedom: My Escape from North Korea and/or Strength in What Remains	Melissa Fleming Eunsun Kim and Sebastian Falletti Tracy Kidder
April 9	Home of Carol Hertle	Homegoing	Yaa Gyasi
May 14	Home of Jean Hunter	Born a Crime: Stories from a South African Childhood	Trevor Noah
June 11	Home of Barbara Holley	This Fight is Our Fight: The Battle to Save America's Middle Class	Elizabeth Warren

### \***BOOKMINDERS ALERT**—

Our next meeting is January 8 with the following CHANGES:

--we will meet at Jane Mealy's house (315 Lambert)

--A Southwest Lunch will be served at 12 noon. Menu to include—sour cream/cheese enchiladas (red); chicken/cheese enchiladas (green), guacamole, chips and mango salsa, bischochitos (anise seed cookies)

--PLEASE RSVP!!! [susanslater@gmail.com](mailto:susanslater@gmail.com) (note the 2 Ss in the middle)

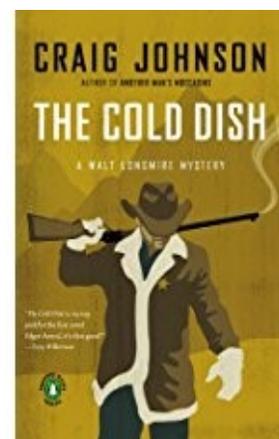
HOMEWORK: The book(s) remain the same—choose one or more of Craig's **Longmire** novels and come up with a question you'd like to ask him. I'm looking for topics of interest for my interview!

See you there!

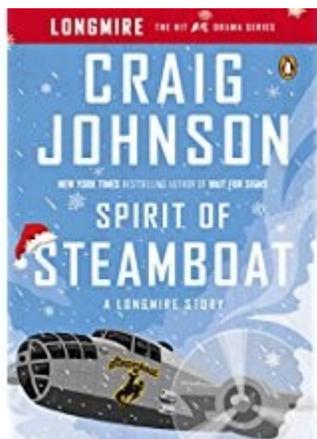
Susan

All meetings will begin at 1:00 PM

Jane Mealy  
439-4811  
[janemealy@aol.com](mailto:janemealy@aol.com)



## Bookminders: January Selection



Craig Johnson is the New York Times bestselling author of thirteen Walt Longmire mystery novels, which are the basis for Longmire, the hit Netflix original drama. *The Cold Dish* won Le Prix du Polar Nouvel Observateur/Bibliobs. *Death Without Company*, the Wyoming Historical Association's Book of the Year, won France's Le Prix 813, and *Another Man's Moccasins* was the Western Writers of America's Spur Award Winner and the Mountains & Plains Book of the Year. *The Dark Horse*, the fifth in the series, was a Publishers Weekly Best Book of the Year and *Junkyard Dogs* won The Watson Award for a mystery novel with the best sidekick. *Hell Is Empty*, selected by Library Journal as the Best Mystery of the Year, was a New York Times best seller, as was *As the Crow Flies*, which won the Rocky for the best crime novel typifying the western United States. *A Serpent's Tooth* opened as a New York Times bestseller as did *Any Other Name* and *Wait for Signs*, Johnson's collection of short stories. *Spirit of*

*Steamboat* was selected by the State Library as the inaugural One Book Wyoming and included visits to sixty-three libraries.

The thirteenth book, *The Western Star*, is now available.

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## Smile.Amazon.com for our Scholarship Fund

From now on, after you register, when you go to **smile.amazon.com** 0.5% of all your purchases will be going to the UWF Scholarship fund. All you have to do is go to **Smile.Amazon.com**, enter **University Women of Flagler** in the rectangular white box. You only have to do this once. Then every time you go to **smile.amazon.com**, it will remember you and you will see Supporting University Women of Flagler in the upper left corner to remind you that a portion of your purchases will be rebated to UWF. Also, it will remember if you are a prime customer.

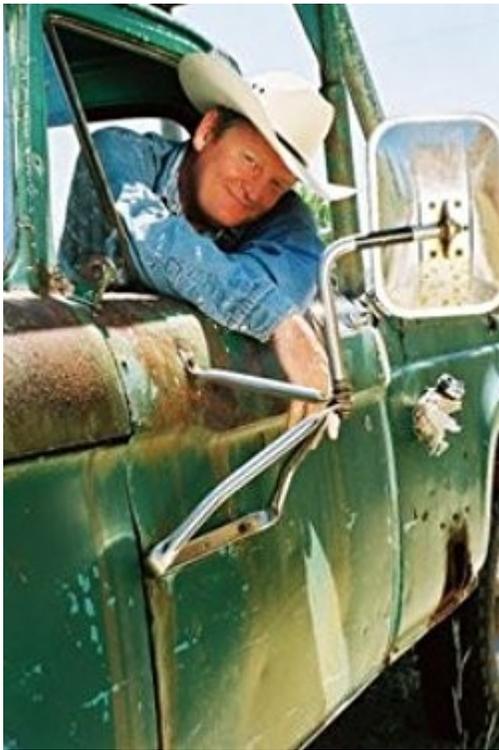
For more information, contact Claudia at [clagentow@earthlink.net](mailto:clagentow@earthlink.net)

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<https://www.facebook.com/UniversityWomenofFlagler/>

# Find us on





## Meet Longmire’s Creator, author Craig Johnson

Sponsored by University Women of Flagler

DATE AND TIME:

Saturday, February 3, 2018

12:00 PM—5:30 PM

LOCATION:

Florida Agricultural Museum

7900 North Old Kings Road

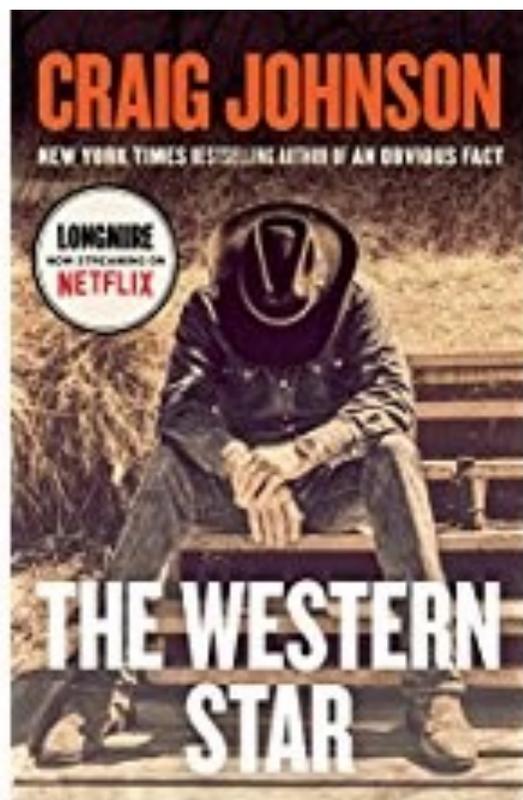
Palm Coast, FL 32137

TICKETS:

\$65 through Eventbrite

<https://longmire.eventbrite.com>

Meet the man behind the Sheriff, Longmire Creator, Craig Johnson. Enjoy a Chuck Wagon lunch, then listen as Craig shares some insights into his widely popular books and Netflix series. A book signing will follow. But don't go home yet — dance to the music of UpTUIT! Line-dance lessons free of charge.



**MEET...**



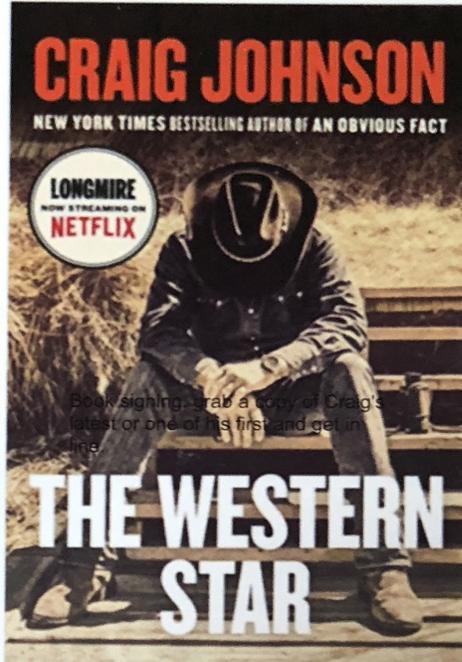
**The Man Behind the Sheriff  
LONGMIRE creator  
-CRAIG JOHNSON-  
Saturday Feb. 3, 2018**

**Noon-Chuck Wagon Lunch  
1-A Visit with Craig  
2-Book Signing  
3-5 Country Western Band**

**Florida Agricultural Museum  
7900 Old Kings Hwy N.,  
Palm Coast, FL**



**Sponsored by University  
Women of Flagler, 501(c)(3)  
Tickets \$65  
<https://longmire.eventbrite.com>**



**Book-signing: Grab a copy of  
Craig's latest or one of his first  
and get in line.**



**Dance anyone? Learn to line-dance or just  
tap a toe to CW band upTUIT**



**Award-winning artist, Rachel Thompson,  
shares her unique Native paintings.**

## Announcements

### Lunch Bunch



The first Lunch Bunch for 2018 will be held at the home of Jane Mealy on January 19th at noon. Please let Jane know if you can come by emailing her at [janemealy@aol.com](mailto:janemealy@aol.com)



### Play Girls

What: **"Fool for Love"**  
 When: Thursday, January 18, 2018  
 Time: 7:30 pm  
 Where: Limelight Theatre, St. Augustine  
 Cost: \$15.00 due by Friday, December 15

*Reality and fantasy, past and present collide in this explosive and timeless masterwork by Pulitzer Prize-winning playwright Sam Shepard.*

**Dinner will precede the play at The Purple Olive.**

Don't forget that we collect \$5.00 from each attendee for the scholarship fund.

If there are any questions, please call Ronaele at 734-679-8732.

**\*\*\*Mark your calendars for future Playgirls picks:**

3/04/18 "The Nerd" at Flagler Playhouse

April: "Bad Jews" at Limelight or "South Pacific" at FPH



## UWF Upcoming General Meetings

Don't miss out —Mark your calendars now!

February 10 Gardening with Native Plants

March 17 Elder Sources

April 21 James Tager, Superintendent Flagler County Schools

May 19 Presentation of Scholarship Recipients & Installation of Officers (Luncheon)

## December's Dessert from Lunch Bunch

### Red Velvet Pound Cake

'Tis the season for gatherings with family and friends, but it's also a time for indulging your sweet tooth. This Red Velvet Pound Cake is sure to be a crowd-pleaser during the holidays.

**Ingredients**      Makes 1 (10-inch) cake

1½ cups butter, softened  
3 cups sugar  
5 large eggs  
1 teaspoon distilled white vinegar  
1 teaspoon vanilla extract  
3 cups all-purpose flour  
½ cup unsweetened cocoa powder  
½ teaspoon salt  
¼ teaspoon baking soda  
1 cup whole buttermilk  
1 (1-ounce) bottle liquid red food coloring  
Cream Cheese Filling (recipe follows)  
1 cup confectioners' sugar  
2 tablespoons heavy whipping cream  
¾ cup chopped pecans



### Instructions

Preheat oven to 325°. Spray a 12- to 15-cup Bundt pan with nonstick baking spray with flour.

In a large bowl, beat butter and sugar at medium speed with a mixer until fluffy. Add eggs, one at a time, beating well after each addition. Beat in vinegar and vanilla.

In a medium bowl, combine flour, cocoa, salt, and baking soda. Gradually add flour mixture to butter mixture alternately with buttermilk, beginning and ending with flour mixture, beating just until combined after each addition. Stir in food coloring. Spoon half of batter into prepared pan. Top with Cream Cheese Filling. Spoon remaining batter over filling. Gently swirl batter and filling together with a knife.

Bake for 1 hour and 10 minutes to 1 hour and 15 minutes or until a wooden pick inserted near the center comes out clean. Let cool in pan for 10 minutes. Remove from pan, and let cool completely on a wire rack.

In a small bowl, whisk together confectioners' sugar and cream until smooth. Drizzle over cooled cake, and sprinkle with chopped pecans.

### Cream Cheese Filling

**Ingredients**      Makes about 1 cup

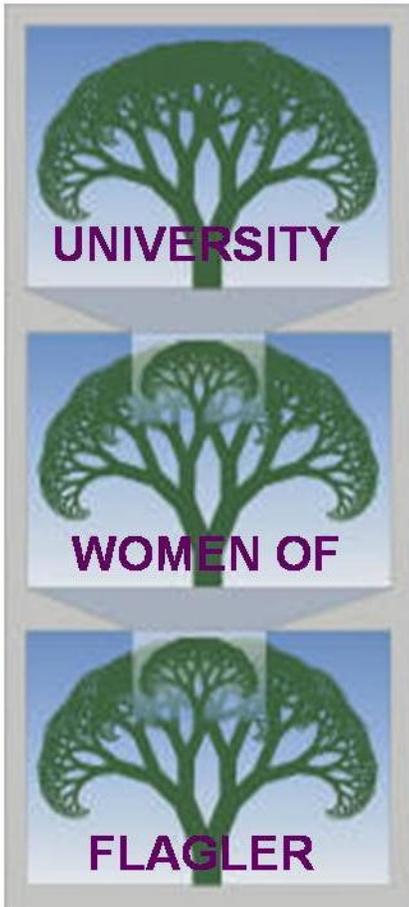
1 (8-ounce) package cream cheese, softened  
½ cup sugar  
1 large egg  
1 teaspoon vanilla extract

### Instructions

In a small bowl, beat cream cheese and sugar at medium speed with a mixer until smooth. Add egg and vanilla, beating until combined.

<https://www.pauladeenmagazine.com/red-velvet-pound-cake-2-recipe/>

Thanks to Susie Moya for sharing this delicious cake recipe!



## University Women of Flagler

315 Lambert Avenue  
Flagler Beach, FL 32136  
Info@uwflagler.org

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[www.uwflagler.org](http://www.uwflagler.org)

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### 2017-2018 Officers

President  
President Elect  
Program Vice President  
Membership Vice Presidents  
Scholarship Vice Presidents

Recording Secretary  
Corresponding Secretary  
Treasurer  
Assistant Treasurer

Barbara Holley  
Pat Cotton, Janice Nickol  
Leila Hardison, Karen Flaherty  
Donna Daly Boggs, Trish LeNet  
Maralee Walsh-McDaniel,  
Susan Slater  
Jo Dervan, Sheila Platt  
Mavis Smith  
Toni Donohue  
Mary DiStefano

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The University Women of Flagler (UWF) was founded in June 2006. The purpose of UWF is to unite graduates of regionally accredited educational institutions in order to promote equity, education, intellectual growth, individual worth, and development of opportunities for women and girls in the Flagler County area. UWF promotes positive societal change in the community; participates in the development and promotion of policies and programs through study, action, and public policy advocacy in areas related to its purpose, including community, cultural interests, and the maintenance of high standards in education; and maintains a fund for the purpose of rendering assistance, giving support, and providing funds for litigation to Flagler County area women whose civil liberties are threatened, infringed, or violated.

**The Wave** is the official newsletter of the University Women of Flagler.

Copy Editor: Pat Cotton

Production Editor: Linda Jaeger