#### The WAVE

**VOLUME 18 — 5** 

Newsletter of the University Women of Flagler

#### University Women of Flagler



#### **Inside this issue:**

## January 2024 Meeting News

President's 2 DATE: Saturday, January 13, 2024 Message TIME: Meeting will begin at 9:30AM; doors open at 9:00AM Fundraisers 3 Calendar 6 **PLACE:** Hilton Garden Inn Hotel 55 Town Center Boulevard, Palm Coast **Programs** 7 8 Minutes PROGRAM: Timothy Norton of Daytona State College Membership 10 \$20.00 (\$21.00, if using "Square" via the UWF website) COST: **Financials** 12 **Bookminders RSVP:** By Friday, January 5, 2024 Lunch Bunch 15 to Pat Rhodes at Prhodes15@hotmail.com

The Hilton has told us this is the **Final Date** for reservations.



**Officers** 

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**Please Note:** Our contract with the Hilton clearly states that **no food is to be boxed and removed** for later consumption. This rule is in accordance with Florida Food Handling regulations.

#### **REGISTRATION:**

Please make a reservation for the meeting via email to <a href="mailto:prhodes15@hotmail.com">prhodes15@hotmail.com</a>.

Pat Rhodes 35 Riverview Bend, So., #1815 Palm Coast, FL 32137

Please note: The venue's invoice to UWF is based on the number of reservations. If you make a reservation, but cannot attend, please understand that your payment is still required. If you prepaid and are unable to attend the meeting, please email or call Pat (386-264-7130) by January 5th, so your reservation payment can be donated to the UWF Scholarship Fund.

# From the President Josephine "Jo" Dervan



Hello everyone,

It is hard to believe that the holiday season is over. I hope that each of you enjoyed a Merry Christmas or a Happy Hanukkah or a Happy Kwanzaa.

We are ending a busy year in 2023 for UWF and still have two major events ahead in the New Year!

The Fashion Show with Chez Jacqueline will take place on Saturday, February 24<sup>th</sup> at the new building of the Palm Coast United Methodist Church. The luncheon will be provided by Carrabba's Italian Grill. The flyer for this event is on page 5. Tickets are available now (\$60/person) and at the January 13th meeting, so please start talking to your friends and family about this fun Spring event.

Then on Friday, April 5<sup>th</sup>, we will hold our annual Day of Games. This annual fundraiser will feature a lasagna luncheon, raffles, door prizes and lots of time to play games!

Hopefully, we will see you and your friends at Texas Roadhouse restaurant in Palm Coast on Monday, January 15th for another fundraising dinner between the hours of 2pm and 8pm. UWF will receive a portion of the revenues for that night, so it's an easy way to support the organization to raise money for our scholarships.

In honor of what would have been Dr. Martin Luther King, Jr.'s 95th birthday on January 15th, I will post one of his quotes.

"We must use time creatively in the knowledge that it is always right to do right."

I wish you all a happy and healthy 2024!

Happy New Year, Jo Dervan President



# January Restaurant Fundraiser: Who likes BBQ?

#### Texas Roadhouse Fundraiser

Where else can you raise money for UWF while eating a Hand-Cut Steak and Fall-Off-The-Bone Ribs? At Texas Roadhouse, of course!

UWF is planning two paired events which will provide UWF with 10% of our event sales. It's an easy way to show support for UWF and eat at the same time. Share this message with friends and family – give them the opportunity to support UWF and eat! Texas Roadhouse restaurants are located across the country

**Fundraiser 1 (now completed): Online Gift Cards**. UWF will supply a link for you to connect to Texas Roadhouse online so that you can **order gift cards between December 1st and 15th.** E-gift cards will be available within 24 hours after the orders are placed on December 18. Actual physical gift cards will take 7 to 10 days to be delivered. **The gift cards will be available in denominations of \$10, \$15, \$20, \$25, \$30, \$50, \$75, and \$100**. Consider giving gift cards for holiday or birthday celebrations or stock up on some cards for your own use. Remember, UWF receives 10% of the sale of the gift cards.

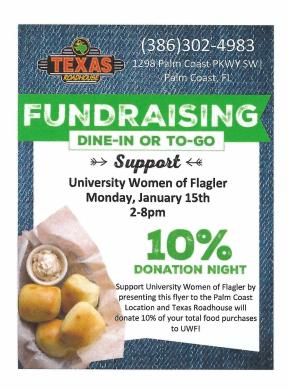
**Fundraiser 2: Dine to Donate**. Visit the PC Texas Roadhouse on **Monday, January 15, 2024 from 2-8pm.** You can use your purchased gift cards at the Dine to Donate fundraiser to save money and support UWF a second time. Get some friends together and have fun while eating at the PC Texas Roadhouse. Again, 10% of the event sales will be donated back to UWF.

Watch for more details in a blast in January and at our General Meetings. Flyers will be available for you to present to the waitstaff for the Dine to Donate event. Take the flyer with you or download it to your cell phone. You can use the flyer on the next page to print out, if you like. It has four copies of the flyer on one page.

As always, thank you for participating in the UWF Scholarship Program fundraisers. Please share the blasts and flyers with your friends and family.

Jo Dervan and Linda Jaeger Co-Chairs, Texas Roadhouse Fundraisers

## January 2024 Fundraiser: Texas Roadhouse









## Spring 2024 Fundraiser: Fashion Show

University Women of Flagler presents a fundraiser to benefit the

a fundraiser to benefit the Scholarship Fund

Featuring local vendors: Sisters at Heart Candles Old Town Specialty Jams Nicky Nocky Designs



Please join us to watch the best local models and their style with Spring fashions at the UWF Fashion Show event to be held at the brand-new facility of PCUMC.

24 FEB 11.00am - 2pm Palm Coast
United
Methodist
Church
One Torino Drive
Palm Coast, FL

**Ticket Price** 

**VIP: \$60** 

includes luncheon

Donna djaymesd@gmail.com | info@uwflagler.org | www.uwflagler.org

## Calendar of Upcoming Activities, Events and Fundraisers

Event	Dates	UWF Contact	
UWF General Meeting	Saturday, January 13th 9:30am at Hilton Garden Inn Hotel	Pat Rhodes	
Adventure Gals: Appleton Museum in Ocala, FL	Saturday, January 6th	Holly Flynn	
Bookminders	Monday, January 8th at 1pm Via Zoom	Jane Mealy	
Seeking Insights for Solutions (SIS) Discussion Group	Tuesday, January 9th At 12noon via Zoom	Trish Le Net	
Lunch Bunch	Friday, January 19th at noon at Betty Steflik Park	Edda Steinmeier	
Fashion Show & Luncheon	Saturday, February 24th, 2024 11am-2pm	Barbara Holley Committee Chair	
UWF Day of Games	Friday, April 5th at the Palm Coast Community Center	Pat Rhodes	

### New Member: Dr. Elissa Darnell

#### Elissa Darnell, Ph.D.

I moved to Palm Coast in 2021 after spending 30 years in the San Francisco Bay Area. I am originally from Long Island, NY. I have a Ph.D. in Cognitive Psychology and have spent the past 30 years working in high tech as a user researcher helping design software products for people. I have worked at a variety of companies from eBay to Microsoft and am currently at Meta (formerly Facebook) where I work on the Facebook App.

I have two young adult sons; one is a senior in college at Lewis & Clark in Portland, Oregon, and the other is a second-year grad student at University of Illinois at Urbana Champaign. With the ability

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to work remotely, my husband and I moved to Palm Coast to enjoy living closer to the ocean and being closer to family.

I am excited to join UWF in supporting women of Flagler in their educational pursuits and getting to know this community.

## **Programs for 2023-2024**

Janice Nickol, Vice President for Programs

Date	Program	Location
January 13, 2024	Timothy Norton of Daytona State College	Hilton Garden Inn Palm Coast
February 10, 2024	McMaster Landscaping Informational Presentation on Florida Landscaping	Hilton Garden Inn
March 16, 2024	Turtle Patrol Program: "What is the Turtle Patrol and how do they help?"	Hilton Garden Inn
April 13, 2024	Joel Fallen, CEO of Granny Nannie's: "As we age, Navigating the Changes & Support"	To be determined
May 11, 2024 Luncheon	Honoring our new Scholarship Recipients. Introduction of new recipients and updates from Former Scholarship students.	To be determined

## Our January General Meeting Speaker: Timothy Norton

Tim Norton has worked as a senior executive, as well as a consultant, in development, communication and marketing in higher education and with non-profit organizations over his 35-plus year career. Since 2019, he has served <u>Daytona State College Foundation</u> as its Executive Director and Daytona State College as Vice President for Institutional Advancement.

Tim counts among his most rewarding endeavors the launch of a highly successful consultancy practice in development, marketing, and communication that ran for more than 10 years before it was sold to a much larger firm. Following that entrepreneurial success, Tim worked as a full-time volunteer with <a href="Appalachia Service Project">Appalachia Service Project</a> (ASP) to make homes warmer, safer, and drier for families living in Central Appalachia, and he calls this "the most meaningful, impactful work of my entire career. Ask me about it."

A graduate of the University of Central Florida (B.A. Communication) and Southwestern Baptist Theological Seminary (M.A. Religious Education and M.A.T. Theology), Tim has been married to Dawn for nearly 40 years, and together they have one son, Luke, a professional photographer, and digital media consultant who lives in Manhattan, New York City.

## Minutes from December 9, 2023 General Meeting

#### UWF General Meeting at Grand Haven Clubhouse Saturday, December 9, 2023

CALL TO ORDER at 11:28AM by President-Elect Robin Hall and Trish LeNet, who welcomed everyone, led the Pledge of Allegiance, and announced a moment of silence.

Breakfast Program (Kay Forest): Flagler Youth Orchestra String Quartet performed tunes.

Inspirational Message (Rhenda Brodnax): A joke was followed by messages about the holiday spirit.

Special Announcement (Janice Nickol): Jane Mealy was recognized with a 2024 scholarship for her upcoming birthday and as a founding member of UWF. A group photo followed.

Treasurer (Linda Jaeger, assistants Pat Rhodes, Susan Moeser, not present): Motion made, seconded, and passed to approve treasurer report (printed in the WAVE).

Recording Secretary (Lee Ross): Motion made, seconded, and passed to approve meeting minutes (printed in the WAVE).

Membership Vice Presidents (Robin Hall, Nancy Hazo): UWF currently has 73 members. Newest member is Elissa Darnell. December birthdays were announced.

Sunshine (Debbie Drumm): Debbie wished everyone sunshine for the holidays.

Corresponding Secretary (Sheila Platt): No items to report.

Wave (Karen Flaherty): Submit information by late Dec for publication Jan 1st.

Website (Karen Flaherty): Updated Fashion Show information added.

Facebook (Karen Flaherty): Updated Fashion Show information added. Since updates, traction has improved.

Scholarship (Jeanne Nix): Applications are due in January.

Festival of Trees (Kay Forest): Adventure Girls visitation scheduled for Dec. 19th. Teardown is Jan. 3rd.

Wreaths Across America (Susan Wildman): More than 245 wreaths were purchased, with \$5 contributed to UWF for each sale. Wreaths will be placed at Jacksonville National Cemetery on Dec 16<sup>th</sup>.

Dow Jones Holiday Cash Raffle (Linda Jaeger): Ninety-six tickets were purchased, with 2 winners so far.

Fashion Show (Barbara Holley and committee): February 24<sup>th</sup> 11AM to 2PM at Palm Coast United Methodist Church, with tables for six. Carrabba's Italian Grill will cater. Fashions provided by Chez Jacqueline, with both female and male models. Donna Daly-Boggs has tickets (designed by Sheila Platt) available for \$60 each.

Day of Games (Pat Rhodes): April 5<sup>th</sup> at Palm Coast Community Center. \$30 per ticket.

Texas Roadhouse (Jo Dervan, not present, Linda Jaeger): Purchase gift cards December  $1^{st}$  to  $15^{th}$ . Dine at the restaurant January  $15^{th}$ . UWF receives 10%.

Adventure Girls (Holly Flynn): Christmas Spectacular Home Tour December 13<sup>th</sup> 11:30A at Stetson Mansion (DeLand). Brunch December 19<sup>th</sup> 10:30AM at Holly's home followed by UWF holiday tree viewing at Flagler County Library Palm Coast Branch. The Unseen South January 6<sup>th</sup> at Appleton Museum of Art (Ocala). Art gallery and festival scheduled for January 26<sup>th</sup> 11AM at Highwaymen Gallery (New Smyrna Beach) has been postponed.

(Continued on next page)

## Minutes from December 9, 2023 General Meeting

(Continued from previous page)

Bookminders (Jane Mealy): December 11<sup>th</sup> 1P via Zoom to discuss Klara and the Sun by Kazuo Ishiauro.

Directory (Jane Mealy): Current directories are available.

Lunch Bunch (Edda Steinmeier, not present): Dec 15<sup>th</sup> 12N at Betty Steflik Park.

SIS (Seeking Insights for Solutions) (Trish LeNet, Gina Barclay, not present): SIS meeting Dec 12<sup>th</sup> 12N via Zoom. Members are writing stories for an anthology, and a professional editor is needed. Book Club (date to be announced) to discuss A History of Florida: Through Black Eyes by Maryin Dunn.

Meeting Reservations/Registration (Pat Rhodes): Meetings will switch to Hilton Garden Inn. Food prices are increasing, which limits menu selections.

Share and Share (Luzibu Nsakala): \$210 was collected, with Elissa Darnell and Jane Mealy winning

NEXT MEETING: January 13<sup>th</sup> 9:30AM (doors open at 9AM) at Hilton Garden Inn.

ADJOURNMENT at 1:25PM.

Submitted by Recording Secretary Lee Ross

## New Member: Dr. Pamela Jackson-Smith

I'm Pamela Dawn Jackson-Smith, kindly known as Dr. Pam here in Palm Coast. A proud native Floridian, my educational journey took me to Spelman College for my B.A. degree in Economics, the University of Central Florida for my M.Ed. degree in Mental Health Counseling, and finally Northern Illinois University for my Ed. D. degree in Counselor Education and Supervision.

Since 1998, Palm Coast has been my home, though I've also cherished experiences living in Chicago and Atlanta. Retiring in 2020 from the Flagler County School District, I transitioned into entrepreneurship, embracing my calling as a Life Coach for women navigating the intricate phases of life's third chapter.

I find joy in mentoring young women and indulging in leisure pursuits like reading, music, beachside moments, and travel. Service is ingrained in me; I'm deeply involved in community initiatives through Delta Sigma Theta Sorority, Inc., Palm Coast Flagler County Alumnae Chapter, where I served two terms as Chapter President. I am actively engaged in the Small Business Leadership Council of

Palm Coast Flagler Regional Chamber of Commerce.

My dedication to service led to nomination as Woman of the Year with the Professional Women of Flagler County. As a member of UWF, I'm in the SIS interest group and a member of the Fashion Show committee.

In 2019, I experienced the loss of my amazing husband, yet I continue to embrace my role as Nana to three grandchildren and my two bonus sons. Being a part of UWF feels like a blessing—connecting with like-minded women and serving our community fills my heart with gratitude.

I'm excited to embark on this journey with all of you, sharing experiences, and learning together.

## Membership Report:

Robin Hall and Nancy Hazo, Membership Co-Vice Presidents

#### **Membership Report for 2024 January WAVE**

Hope you all had a wonderful holiday season and are ready for an amazing 2024!

We currently have 73 members. Our newest members, Dr. Pamela Jackson-Smith and Elissa Darnell, are featured in this month's WAVE and you can learn more about them. Please look for them at upcoming meetings to personally welcome them to UWF.

If you have any changes to your contact information (name, address, telephone number, or email) please inform Donna Daly-Boggs at djaymesd@gmail.com. Also, if you know anyone interested in joining UWF, please invite her to accompany you to a general meeting or as a guest to one our events.

#### **Interest Groups**

In last month's WAVE, we mentioned our interest groups and the group leaders. If you have not already done so, make it a New Year's resolution to get involved in one or more of them. Group leaders **Holly Flynn**, Adventure Gals; **Jane Mealy**, Book Minders; **Edda Steinmeier**, Lunch Bunch; and **Trish LeNet**, SIS, would love to have you join in the fun.

January starts the year with a new beginning New resolutions to help us with waistline thinning May your birthday be filled with much joy and laughter Starting with this one and for many years after.

#### JANUARY BIRTHDAYS (Celebrating 10 members)

Rosemary Zattiero 1/3
Yvette Jackson 1/4
Susan Moya 1/4
Eve Sckolnik 1/5
Mary Kiernan-Tighe 1/10
Marva Jones 1/11
Patricia Cotton 1/13
Linda Jaeger 1/15
Pat Smith 1/19
Laura Szczechowicz 1/30



## SIS Updates

The next SIS Meeting will take place on Tuesday, January 9th at 12noon via Zoom. Please let Trish (nwtrish@yahoo.com) know if you would like to attend. All are welcome.

SIS Book Club: Next meeting for the first quarter of 2024 will take place in March (date TBD) at noon on ZOOM. Please let Trish LeNet know if you would like to attend. The book chosen for the March meeting is: A History of Florida Through Black Eyes by Marvin Dunn.

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## Adventure Gals had a strong finish to 2023!

Adventure Gals are ready for having some fun, friendships, and funds for scholarships! We have added a few more activities planned for the Winter, after having three wonderful events in 2023. FYI, an additional \$5 will be collected at each activity for our scholarship fund.

Please let Holly Flynn know if you sign up for one of the activities so we can plan for reservations at a restaurant afterwards. Also, please share with Holly any ideas you might have for future activities for the Adventure Gals!

**Completed excursions in December:** Stetson Mansion, Holiday Spectacular Home Tour on Wednesday, December 13th at 11:30am in Deland with lunch afterward. See picture at right with members in front of the Mansion.

Then, on Tuesday, December 19th, the Adventure Gals went to view the beautiful holiday trees at the Palm Coast library, including our own UWF tree. A delicious holiday brunch at Holly's preceded the tour (see picture with 10 members below plus Robin's mother, Helen).

#### Coming up next:

**Adventure #1:** Travel to Free Saturday on January 6 at Ocala Appleton Museum to view "The Unseen South: Charles Eady Revisits History". But the highlight is that the author and artist will be speaking at 11 AM. Let Holly know, if you want to be on the carpool match list.



Food trucks should be available or bring your own lunch. Check out more details at www.appletonmuseum.org.

**Adventure #2:** FYI, travel to New Smyrna Beach on Friday, January 26th to visit the Highwaymen Gallery has been postponed for a later date.

**Adventure #3:** The newest adventure will be a tour of Matanzas High School and samplings from the culinary program on Monday, February 29th. Details will follow.

Looking forward to some fun adventures in 2024!! Please let Holly Flynn know if you plan to attend any of these events.

hollyflynn424@gmail.com

Cell: 518-269-5988



## Monthly Operating Account Cash Flow July 2023 - June 2024

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November Actual	December Preliminary	Year to Date Actual
\$13,163.29		7100001
\$0.00	\$0.00	\$0.00
\$47.65	\$0.00	\$124.73
\$19.12	\$0.00	\$19.12
\$0.00	\$0.00	\$0.00
\$50.00	\$0.00	\$300.00
\$0.00	\$0.00	\$0.00
\$491.09	\$721.28	\$4,861.45
\$65.00	\$110.00	\$310.00
\$672.86	\$831.28	\$5,615.30
\$0.00	\$0.00	\$650.00
\$0.00	\$0.00	\$0.00
\$395.00	\$0.00	\$395.00
\$0.00	\$0.00	\$0.00
\$47.65	\$0.00	\$124.73
\$19.12	\$0.00	\$19.12
\$0.00	\$0.00	\$0.00
\$0.00	\$0.00	\$0.00
\$0.00	\$0.00	\$0.00
\$25.00	\$0.00	\$50.00
\$0.00	\$0.00	\$633.33
\$0.00	\$0.00	\$0.00
\$0.00	\$0.00	\$100.00
\$0.00	\$0.00	\$0.00
\$800.00	\$1,125.00	\$2,609.45
\$0.00	\$0.00	\$0.00
\$0.00	\$0.00	\$0.00
\$0.00	\$0.00	\$0.00
\$46.64	\$150.00	\$208.64
\$0.00	\$0.00	\$0.00
\$0.00	\$0.00	\$0.00
\$0.00	\$0.00	\$0.00
\$0.00	\$0.00	\$0.00
\$1,333.41	\$1,275.00	\$4,790.27
<u>\$12,502.74</u>	\$12,059.02	
	\$0.00 <b>\$1,333.41</b>	\$0.00 \$0.00

### Monthly Scholarship Account Cash Flow July 2023 — June 2024

SCHOLARSHIP ACCOUNT	2023-2024 Budget	November Actual	December Preliminary	Year to Date Actual
INCOME		\$31,239.63	\$31,746.40	
Adventure Gals	\$150.00	\$15.00		'
Book Minders	\$200.00	\$0.00	\$0.00	\$0.00
Contributions from Individuals	\$3,000.00	\$20.00	\$100.00	\$291.00
Correction Scholarship Income	\$0.00	\$0.00	\$0.00	\$0.00
Day of Games	\$5,000.00	\$0.00	\$0.00	\$0.00
DJIA Raffle Income	\$1,000.00	\$437.65	\$0.00	\$954.73
Donation Button Contributions	\$0.00	\$19.12	\$0.00	\$19.12
DSCF Endowed Scholarship	\$1,000.00	\$0.00	\$0.00	\$0.00
Fashion Show	\$6,000.00	\$0.00	\$840.00	\$940.00
Food Truck	\$500.00	\$0.00	\$0.00	\$0.00
Honors - Scholarship	\$175.00	\$25.00		
Lunch Bunch	\$200.00	\$0.00	\$0.00	\$180.00
Memorials - Scholarship	\$150.00	\$0.00	\$0.00	\$100.00
Miscellaneous Scholarship Income	\$3,775.00	\$0.00	\$0.00	\$0.00
Non-Traditional Student Grant	\$0.00	\$0.00	\$0.00	\$60.00
Seeking Insights for Solutions	\$500.00	\$40.00	\$0.00	\$430.00
T-shirt fundraiser		\$0.00	\$0.00	\$300.00
Wreaths Across America	\$600.00	\$0.00	\$0.00	\$0.00
Total Income	\$22,250.00	\$556.77	\$940.00	\$3,384.85
EXPENSES				
Adventure Gals	\$0.00	\$0.00	\$0.00	
Correction Scholarship Expense	\$0.00	\$0.00		·
Day Of Games Expense	\$1,000.00	\$0.00	\$0.00	
DJIA Raffle - Expense	\$300.00	\$50.00	\$50.00	\$100.00
DSCF scholarship additions - Expense	\$0.00	\$0.00	\$0.00	\$0.00
Early Learning Coalition/Dolly Parton	\$1,500.00	\$0.00	\$0.00	\$0.00
Fashion Show	\$3,000.00	\$0.00	\$10.49	\$10.49
Food Truck	\$0.00	\$0.00	\$0.00	\$0.00
Miscellaneous Scholarship Expense	\$0.00	\$0.00	\$0.00	
Non-Traditional Student Grant- Expense	\$2,000.00	\$0.00	\$0.00	
Office Supplies-Scholarship	\$0.00	\$0.00	\$0.00	
Scholarship Committee	\$550.00	\$0.00	·	·
Scholarship Award 2024		·	·	
•	\$11,500.00	\$0.00	-	
Seeking Insights for Solutions-Expense	\$400.00	\$0.00		·
Take Stock In Children FC Ed Foundation	\$2,000.00	\$0.00	\$2,000.00	
T-shirt expense				\$226.85
Total Expense	\$22,250.00	\$50.00	\$2,060.49	\$2,833.26
TOTAL SCHOLARSHIP CLOSING BALANCE		\$31,746.40	\$30,625.91	
TOTAL UWF ACCOUNT BALANCE		\$44,249.14	\$42,684.93	

#### **BOOKMINDERS SCHEDULE FOR 2023-2024**

DATE	воок	AUTHOR	HOSTESS / DISCUSSION LEADER
January 8, 2024	Lady Tan's Circle of Women	Lisa See	Robin Hall
February 12	Daisy Jones and the Six	Taylor Jenkins Reid	Eve Sckolnik
March 11	Lucy by the Sea	Elizabeth Strout	Trish LeNet
April 8	The Hour of the Witch	Chris Bohjalian	Susie Moya
May 13	Hello Beautiful	Ann Napolitano	Carol Milewski
June 10	Finding Dorothy	Elizabeth Netts	Lee Ross
July 8	The Book of Hope	Jane Goodall Douglas Abrams	Holly Flynn
August 12	The First Ladies	Marie Benedict Victoria Christopher Murray	Jo Dervan



Bookminders Group Chair: Jane Mealy 386-439-4811

janemealy@aol.com

All meetings will be held on Mondays via Zoom at 1:00 pm.

# All UWF Members are invited to join us at the Lunch Bunch

Lunch Bunch is a wonderful way to meet and interact with your fellow members in UWF! Our meetings take place at noon on the 3rd Friday of each month and continue throughout the year.

Our next Lunch Bunch will take place on Friday, January 19th, 2024 in Betty Steflik Preserve in Flagler Beach. Don't forget to bring your own lunch and beverage. There are plenty of picnic tables and benches available, but you might want to bring your own chair. This Lunch Bunch is part of your \$20 yearly donation for the Scholarship Fund.

We would like to entice new members to the group by only asking for a donation of \$10.00 for the rest of the club year! (January to May). I hope to see many of you at our next Lunch Bunch meeting. Please let me know if you will join us, so that I can keep you informed!

Can't wait to see everyone!

Edda Steinmeier (cell: 386-237-7313; eddausi2@aol.com)

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## January Book Selection

Secret Fan and Tea Girl of Hummingbird Lane.

Lady Tan's Circle of Women

By Lisa See

\*NEW YORK TIMES BESTSELLER!\*

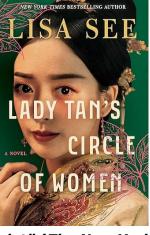


According to Confucius, "an educated woman is a worthless woman," but Tan Yunxian—born into an elite family, yet haunted by death, separations, and loneliness—is being raised by her grandparents to be of use. Her grandmother is one of only a handful of female doctors in China, and she teaches Yunxian the pillars of Chinese medicine, the Four Examinations—looking, listening, touching, and asking—something a man can never do with a female patient.

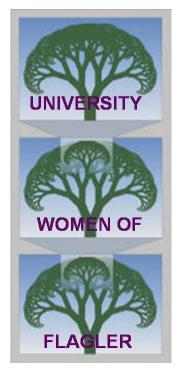
From a young age, Yunxian learns about women's illnesses, many of which relate to childbearing, alongside a young midwife-in-training, Meiling. The two girls find fast friendship and a mutual purpose—despite the prohibition that a doctor should never touch blood while a midwife comes in frequent contact with it—and they vow to be forever friends, sharing in each other's joys and struggles. No mud, no lotus, they tell themselves: from adversity beauty can bloom.

But when Yunxian is sent into an arranged marriage, her mother-in-law forbids her from seeing Meiling and from helping the women and girls in the household. Yunxian is to act like a proper wife—embroider bound-foot slippers, recite poetry, give birth to sons, and stay forever within the walls of the family compound, the Garden of Fragrant Delights.

How might a woman like Yunxian break free of these traditions and lead a life of such importance that many of her remedies are still used five centuries later? How might the power of friendship support or complicate these efforts? A captivating story of women helping each other, Lady Tan's Circle of Women is a triumphant reimagining of the life of one person who was remarkable in the Ming dynasty and would be considered remarkable today.



#### **University Women of Flagler**



#### 2023-2024 Officers

President Josephine "Jo" Dervan

Co-Presidents Elect Trish LeNet, Robin Hall

Program Vice President Janice Nickol

Membership Vice Presidents Nancy Hazo, Robin Hall

Scholarship Vice President Jeanne Nix

Recording Secretary Lee Ross

Corresponding Secretary Sheila Platt

Treasurer Linda Jaeger

Assistant Treasurers Pat Rhodes, Susan Moeser

The University Women of Flagler (UWF) was founded in June 2006. The purpose of UWF is to unite graduates of regionally accredited educational institutions in order to promote equity, education, intellectual growth, individual worth, and development of opportunities for women and girls in the Flagler County area. UWF promotes positive societal change in the community; participates in the development and promotion of policies and programs through study, action, and public policy advocacy in areas related to its purpose, including community, cultural interests, and the maintenance of high standards in education; and maintains a fund for the purpose of rendering assistance, giving support, and providing funds for litigation to Flagler County area women whose civil liberties are threatened, infringed, or violated.

**The WAVE** is the official newsletter of the University Women of Flagler.

Editor: Karen Flaherty

www.uwflagler.org